

SILC NEWS



A publication of the Samutprakarn International Ladies Club



November 2016

In Remembrance of His Majesty
King Bhumibol Adulyadej
1927 - 2016





Committee Members



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Book Club	Sara Carr-Legg	saracarrlegg@hotmail.com
General Committee	Shirley Tan, Sudeshna Srivastava, Debbie Morton, Herma Vos, Kate McDonald, Sunita Kulisra	



Link Ladies



<u>Area</u>	<u>Name</u>
Garden Towers	Jan Briggs
Ladawan	Shirley Tan
Lakeside 1	
Lakeside 2	Sunita Kulisra
Thana City	Irene Gray
Bangkok Area	Chris Rajakarier
Moo Baan Panya	Clare Nevin
Fantasia 2	Debbie Morton

**SILC News Copy Deadline for
December/January Newsletter**

Monday 21st November

If you have any recipes, book reviews,
recommendations for holidays or items for
our bulletin board please forward them to
the Newsletter Editor:
silcmagazine@gmail.com



Chairman's Message



Dear Members

With immense sadness, SILC join our Thai members and the people of Thailand in mourning the passing of their beloved monarch, His Royal Majesty King Bhumibol Adulyadej. His Majesty dedicated his life to improving the nation and empowering his people and Thailand will never forget his tireless dedication to making the Kingdom a happier and more prosperous place. His work, generosity and compassion leave a legacy, which will be forever cherished.

Jane



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SILC BAZAAR

FRIDAY **11th** NOVEMBER ■ 8^{am}-3^{pm}



Over 60 vendors offering:

Christmas Gifts

Delicious Foods

Handicrafts

Jewellery

Homewares

Books

Beauty Products

Clothes & Accessories

Children's Items

Tombola Prizes



www.silcbangkok.com

at Bangkok Patana School

ID needed for access to school campus

100 thb

Entry fee includes tombola ticket

All proceeds raised will be donated to SILC welfare projects



Advertising



Advertisements for non-profit community events are welcome and are free of charge.

Personal Advertisements for SILC members are free of charge.

Email reminders for SILC events and non-profit community events will be sent out free of charge; other events must be advertised in our magazine.

Rates (per issue)

Full Page 1500 Baht

Half Page 800 Baht

Quarter Page 400 Baht

Flyer Insert 800 Baht

Website 3000 Baht per annum (no discount) Includes Link

Discounts

Member 25%

Annual Contract (10 adverts/year) 10%

(Only one discount may be applied)

Advertising requests and payment **must** be received prior to the published deadline.

Further details on advertising in the Newsletter contact: Clare Nevin: silcmagazine@gmail.com

Further details on advertising on the SILC Website contact: Jan Briggs: silcwebsites@gmail.com

To arrange payment contact: The Treasurer: Rocelyn Keilnhofer: silctreasurer@gmail.com



**15%
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Aims & Policies



Organisation of the Club

SILC creates an opportunity for women of all nationalities living in the Samutprakarn area to meet socially and participate in a variety of activities. We invite members to join monthly meetings, tours and interest groups. Members pay an annual fee of 1000 Baht to cover costs and receive a newsletter and club directory.

Privacy

The Members Directory and addresses sourced from our legitimate club business such as Lunches or Coffee Mornings are for the sole use of members in a social setting and must not be used for commercial purposes.

Newsletter

The newsletter is published ten times a year with articles and information on club activities. Contributions are welcome and can be sent to the newsletter editor.

Committee Meetings

These are held once a month and are open to all members. Please inform the meeting hostess if you wish to attend.

All SILC events are subject to change. Please confirm your attendance with the relevant contact.

Please advise of your cancellation as soon as possible so that another member may take your place.

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September Lunch Review

Indulge

I am pretty sure it was the atrocious weather and flooding that saw a select group at Indulge for our September lunch and not my suggestion that it might be a house of ill repute. We might have been small but we were perfectly



formed and it was lovely to have a proper chat as a whole group for a change. The restaurant too was small but perfectly formed, simple and modern with no hint of bordello about it, though it has to be said that the people-watching opportunities onto the street were of notable quality. My goodness, some of those chaps were old enough to know better than to wear a Singha vest in the rain!

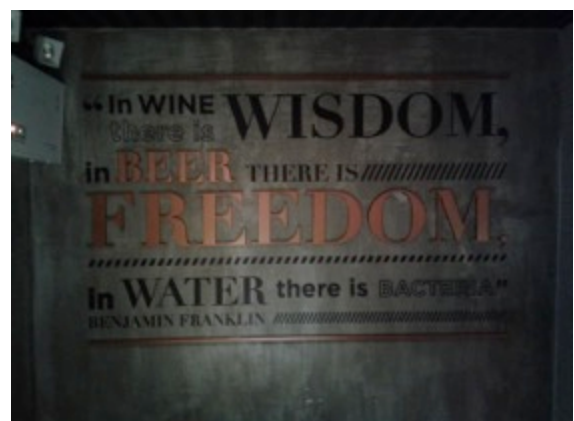
The food was also of notable quality – the prawn and chorizo risotto was declared fabulous; the Caesar salad delicious and with the correct dose of anchovy; the flaming whisky duck breast with pineapple, figs and polenta was super and my chilli pork belly (my lunch, not my overall look for the day) was melt in the mouth. We could have done with some more carbs with the last two- Jan got only a small disc of polenta with the duck and I had 2 green beans with the pork belly but these are minor quibbles. We also had a whinge about the Oreo served with coffee- it wouldn't have been much trouble to make a bit of shortbread surely? But they were minor quibbles and we would all recommend a trip to Indulge,

indeed the Camptons will be calling in soon.

I leave you with a quote from the wall, attributed to Benjamin Franklin- "In wine there is wisdom, in beer there is freedom, in water there is bacteria." I felt this particularly suitable when the garbage bags were floating past us on Ekkamai soi 12 the last time it rained heavily.



Indulge- 407-407/1 Sukhumvit Road, Between Sukhumvit 21-23. Asoke BTS.

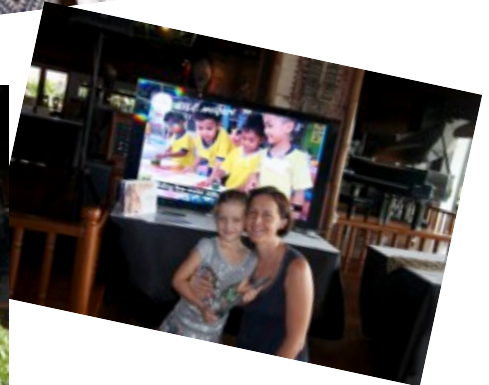




Cook Book Launch & Lunch



After what seemed like month and months of hard work, by a very dedicated team ably lead by Chris, Shirley and Sudeshna, and eager anticipation from everyone, it was finally launch day – and what a celebration it was too. In the lovely Trader Vics at the gorgeous Anantara Riverside Hotel, we were treated to delicious coffee and snacks whilst we were entertained by children from one of our Welfare schools dancing. We listened to speeches, including me forgetting the middle of my mine, and watched our very own Jimmy and Head Chef Ashley give live cooking demonstrations. Eventually we got not only to see how quite how professional and swish the new book looks but also to purchase them, which we did in quantities! Our large crowd of very glam ladies then moved through to the Brio Italian restaurant and had a splendid 3 course feast complete with surprise table prizes. It really was a day to remember, huge thanks to everyone involved.





Cook Book Launch & Lunch





November Lunch



This month Sue Williams will host a Pot Luck Lunch. Please come along with a dish to share.

Date: Friday 18th November

Time: 12pm onwards

Venue: Sue Williams House

Sukhumvit

(once you RSVP to the Lunch Ladies they will send you Sue's Address)

RSVP by Monday 14th November to Sue and Jo at
silclunches@gmail.com



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Friday 11th
November 2016
9.30 am to 4 pm

Tree House
Gallery and Studio
16A TBI Building
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Near Phrom
Phong BTS

Contact: Sarah Hartney
0972035403 or
SarahHartney.com

Sarah Hartney
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handmade toys
and
Chef Carmen
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presents My
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Cuisine

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WORKSHOP

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SUN 27 November 2016
1:00-4:00PM
Fl. 2, No. 459/6
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Christmas Coffee & Lunch



CHRISTMAS COFFEE/LUNCH



ROYAL ORCHID SHERATON HOTEL

2 CHAROEN KRUNG ROAD SOI 30

ON

WEDNESDAY DECEMBER 14TH 2016

FROM 10.30AM ONWARDS

*Cost of this lunch 1500 Baht Net including free flow red and white wines from
12.30pm-2.30pm.*

Cost for lunch only 500 Baht Net

*Christmas is almost upon us again ladies, so please come and celebrate the festive
season with Jo, Sue, Karen and Lek at Royal Orchid Sheraton along the
Chaophraya River.*

*Coffee, tea and fresh juices plus fresh fruit platter will be served from 10.30am,
followed by buffet lunch at 12.30pm. Please see menu below.*

There will be a raffle too with all proceeds to go to a SILC charity.

*Please RSVP to Jo or Sue stating whether you want the free flow lunch option or
lunch only to silclunch@gmail.com*

*Please note the deadline is Tuesday 6th December - numbers are to be confirmed
later in the day to the hotel for catering purposes.*

*No RSVP's will be accepted after this date and any cancellations after the 6th
will have to be paid for in full.*

*As we are in a period of mourning guests are kindly asked to dress
appropriately, thank you.*



Christmas Coffee & Lunch



MENU

VEGETARIAN

Beetroot & orange salad with sour cream

Grilled green asparagus salad with parmesan flakes and balsamico dressing

Coleslaw salad

NON VEGETARIAN

Tuna salad with mustard dressing

Potato salad

HOT LUNCH

Grilled lamb chops with condiments of mint sauce, mustards and thyme sauce

Roasted snow fish on sautéed spinach and lemon butter sauce

Spinach ravioli with vegetable tomato sauce

Sautéed fresh vegetables

Gratin potatoes

CARVERY

Roasted turkey with bread stuffing, giblet gravy, cranberry sauce, roasted potatoes, Brussel sprouts with bacon and Vichy carrots.

All the above comes with bread selection and butter, plus complimentary iced water.

DESSERTS

Christmas pudding

Mince Pies

Lemon Meringue

Tiny Tigers Playgroup **at Bangkok Patana School** Roaring for Longer!



Our popular playgroup, Tiny Tigers, is now available five days a week and accepting enrolments for 2016.

Run by our specialist Early Years teachers, offering access to our wonderful Foundation Stage environment and learning, Tiny Tigers welcomes accompanied children between one and three years of age.

For more information and to join the fun, please email us at admissions@patana.ac.th or call on 02 785 2205.



Monday to Friday 8.00am until 10.30am



Bangkok Patana School
The British International School in Thailand
Established 1957

Bangkok Patana School
643 Lasalle Road (Sukhumvit 105)
BTS station: Bangna or Bearing
www.patana.ac.th
admissions@patana.ac.th

DIY Chalk Paint Workshop

One Tuesday morning in September a few SILC members got together and attended the DIY Chalkpaint Workshop at the Yesterday Once Again Shop on Rama IV Road. Firstly, Hui introduced us to chalk paint and its properties. She then gave us a demonstration how to make your own chalk paint. We chose our colours and went to work, making and applying the paint, and then we even coloured our own waxes so we could achieve that distressed/antique look on our stools. Hui was very good at explaining and giving advice. Hui also supplied some light refreshments. It really was a fun and different morning in Bangkok and enjoyed by us all. The classes are run every Tuesday 10.30am to 1.30pm. Workshop costs Bht1,500- per person, inclusive of all workshop materials, apron, and a wooden stool that you paint to take home. Each class is limited to 5 students only. Private groups are also available upon request.

For more information on the workshop or for booking, please contact Hui :
yesterday_1_again@yahoo.com



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Mark Leoni & family, Doctor of Chiropractic (USA)

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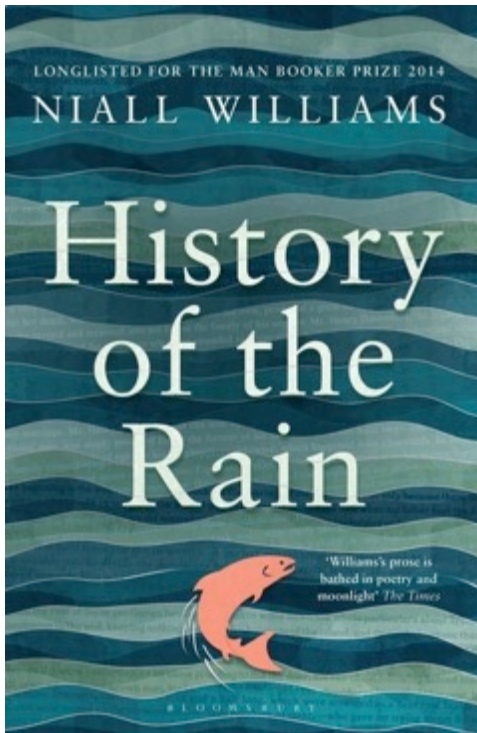
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Book Reviews



History of the Rain by Niall Williams

The story is set in Co Clare, Ireland. Ruth has had to leave university and lies in her bed suffering from a vague illness, determined to read her father's 4,000 books before her death.

Ruth's story is that of the Swains. Her family of tragic figures starting with her Great Grandfather in their corner of the constantly rain sodden town of Faha. Ruth narrates in a poetically rambling way, moving back and forth from ancestors to the present day interspersing with quotes, characters (Dickens is a favourite) and plots from all the books she has devoured in her prolific reading.

This is a very 'Irish' book, lots of quirky characters, sadness, failure, lyrical history and contemporary culture and, of course, the interminable rain.

Not a book I would have ever chosen to read, but that is the beauty of book clubs, - I loved it. A fabulous book, showing the importance and the beauty of stories in our lives.

Reviewed by Lorraine

Try Not to Breathe by Holly Seddon

It delivers the high-quality thrills and intriguing characters that readers demand in the best of psychological thrillers.

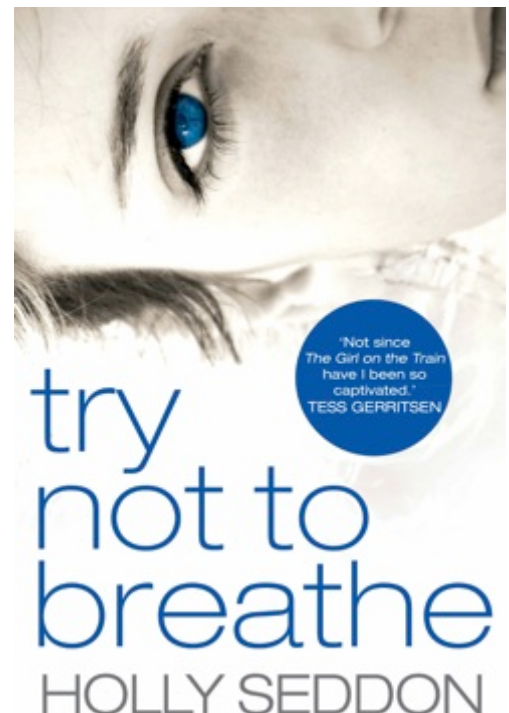
Amy Stevenson was a young woman with a boyfriend. One day she made a horrible decision and ended up in a coma. The culprit was never caught, but her family and friends were scarred and damaged due to the lack of answers.

Fifteen years go by. Alex Dale, a disgraced reporter, is researching patients in vegetative states when she discovers Amy lying in a hospital bed. Alex has lost everything she holds dear, including her marriage and a prestigious job, due to alcohol, and she sees Amy as a path to redemption and an opportunity to make news by tracking down the truth behind what happened to Amy all those years ago.

As Alex continues to visit Amy in the hospital, she begins to think of her as a friend. She starts to ask questions, and while some are forthcoming with what they know, others refuse to talk to Alex about the past. And who is Amy's frequent visitor? And what secret is he hiding?

The story jumps back and forth between 1995 with Amy and 2010 with Alex and her investigation. Some authors have difficulty making it easy to follow a back-and-forth flow, but Seddon handles the narrative like a pro, making it compelling instead of complicated.

Secrets and confronting past mistakes are the building blocks that Seddon uses to great effect from the first page. While the trend in publishing these days tends to be the unreliable narrator, "Try Not to Breathe" is a breath of fresh air. It's rare that the reason the story works so well is the characters and the compelling mystery rather than some gruesome crime or shocking incident that is unbelievable. Uplifting and heartbreaking at the same time, the emotional ride Seddon delivers is worth the time and investment.





November Book Club



This month we will be meeting in the evening making it an available event for more members.

Date: **Wednesday 23rd November**

Time: **7.00pm onwards**

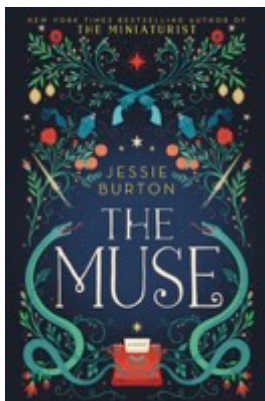
Venue:

Maya Restaurant (Holiday Inn - 29th Floor)
Sukhumvit Road Soi 22
BTS Phrom Phong station exit 6 and walk towards soi 22 (about 5 minutes)

Could you please let me know if you would like to join our Book Group evening out. We will be having some delicious Indian cuisine to go with our exchange of thoughts.... Again don't worry if you haven't read the books, join us anyway.

Please let Sara know if you can make it: saracarrlegg@hotmail.com

November Books to Read



The Muse - Jessie Barton

chosen by Lorraine Slowther

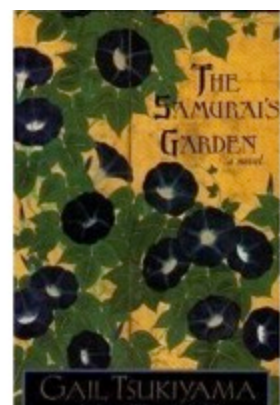
A picture hides a thousand words . . .

On a hot July day in 1967, Odelle Bastien climbs the stone steps of the Skelton gallery in London, knowing that her life is about to change forever. Having struggled to find her place in the city since she arrived from Trinidad five years ago, she has been offered a job as a typist under the tutelage of the glamorous and enigmatic Marjorie Quick. But though Quick takes Odelle into her confidence, and unlocks a potential she didn't know she had, she remains a mystery - no more so than when a lost masterpiece with a secret history is delivered to the gallery.

The Samurai's Garden by Gail Tsukiyama

chosen by Liliya Andreeva

A 20-year-old Chinese painter named Stephen is sent to his family's summer home in a Japanese coastal village to recover from a bout with tuberculosis. Here he is cared for by Matsu, a reticent housekeeper and a master gardener. Over the course of a remarkable year, Stephen learns Matsu's secret and gains not only physical strength, but also profound spiritual insight. Matsu is a samurai of the soul, a man devoted to doing good and finding beauty in a cruel and arbitrary world, and Stephen is a noble student, learning to appreciate Matsu's generous and nurturing way of life and to love Matsu's soul-mate, gentle Sachi, a woman afflicted with leprosy.



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THE INNRI CHARITY BAZAAR

Thursday November 3th

New Vendors
Farmer's Market
Bake Sale

Yummy!!

From 10:00am to 3:00pm
At Nichada Church
(Chaengwattana Community Church)

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Barbara Lewis (Coordinator)
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Vara Sumetanon (Commercial - Vendors)
0896995678
nrbazaar16@gmail.com



November Coffee



Every November in Thailand and on the full moon of lunar month is the Loi krathong festival. This year it falls on the 14th November, Jimmy invites us into her house to share the history and show us how to make our own krathong's to take home.



SILC Full Moon Coffee Morning

Date: Monday 14th November

Time: 10.30-12

Place at Jimmy's house, Bangna
(once you RSVP to the coffee ladies you will be sent Jimmy's address)

Cost: 500 Baht

Please RSVP to silccoffees@gmail.com by 10th November



SILC Bazaar



The 23rd annual SILC Bazaar will take place on the
11th November from 8am - 3pm.

This year the SILC Bazaar will feature over 80 tables with incredible crafters, artists, independent business owners and artisans.

Find unique gifts for yourself, your friends and family, all while supporting a great cause.

Be sure to mark your calendars. This fair s not to be missed!

SILC BAZAAR
Friday 11th November
8am - 3pm



Volunteers needed to help at our SILC Bazaar, especially over the busy lunch time period.

If you can spare a couple of hours to help at any time during the day, then please email **silcbazaar@gmail.com**



SILC Cake Stall



SILC BAZAAR 11th NOVEMBER 2016



Calling all bakers out there, please ladies we need your home baked goodies for our cake stall, they can be anything from muffins, brownies, cup cakes, tray bakes, cookies, tarts, scones and even large cakes.



All proceeds go to our SILC charities so it's all for a very good cause, so **PLEASE** get your aprons on and get baking, cakes can be sent into school on the morning of the bazaar with your children or dropped off at the cake stall throughout the morning.

We have found in the past the homemade cakes, cookies etc do sell a lot quicker than the shop bought ones, but all are welcome – **BUT** we do urge you to send in your home baked cakes **PLEASE!!!!**

If you send your cake in a container please make sure it has your name clearly marked and also if there are any **NUTS** in the cakes please label too!

Thank You – Jo Thomas

Any queries please email me at johannethomas@hotmail.com



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Please let us have your pre-loved items
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You can drop off your items the afternoon before the bazaar, or the morning of the bazaar. Thank you!



Any queries?
Email us at:
silcbazaar@gmail.com



SILC Bazaar



Dear SILC members,

These days it is an online, networked, socially-driven world and we are jumping on the facebook bandwagon to try and promote the SILC Bazaar. But we need your help .

You should have by now received by email, an offer to join the SILC Bazaar 2016 facebook group.

Please accept!

On this page we will be keeping you up to date with everything you need to know about the bazaar including which exciting new vendors will be there and who's selling what.

In this group page we have also set up an 'event' for the bazaar which we hope you will click and say you are going to.

We would love it if you could share this event with all your facebook friends in Bangkok too.

So here are some simple steps on how to do it.

Step 1: Look for **'Upcoming Group Events'** (see bottom right section below), and click on **SILC Bazaar 2016**



Step 2: Here, click on the **'Share'** button and select **'Invite Friends'** from the dropdown menu. You can then select only **'friends based in Bangkok'** or individually choose which facebook friends you wish to invite.



Thank you!

SILC Bazaar Team
silcbazaar@gmail.com



Welfare Projects



SILC ladies are often to be found fundraising for something or other, and with our biggest charity drive well under way, we thought this would be a great time to let you know where your money has been spent recently. If you have any ideas for future schemes or any programmes helping the underprivileged in Thailand, which are close to your heart, we would love to hear about them. Please email Jane silcchair@gmail.com / Chris silcwelfare1@gmail.com with the details.

Day care centre and local pre-schools. SILC actively support 2 centres, **Mahawong** with 210 children and **Prakasamai** with 120, in the Samut Prakarn area. We provide monthly craft activities, staffed by our volunteers, offering the children both fun and learning opportunities, our Healthy Teeth campaign providing over 400 toothbrushes and paste plus advice from dental professionals and our annual Christmas Big Give, with a party and a goody bag for all the children. Prakasamai is part of the **Mercy Centre** charity whilst Mahawong is under the **Fordec** umbrella.

In addition, SILC also provide the **Mahawong / Fordec programme** with monthly food deliveries of fish, rice and fruit, an English programme giving 5 and 6 year old pupils weekly English lessons and child sponsorships- as a club, we currently sponsor 2 teenagers who would otherwise be unable to continue their education, covering tuition fees, uniforms, transport, educational activities and lunch. Individual members also sponsor younger children.

Heavenly Homes. We provide a teacher sponsorship and Christmas gifts to this orphanage who give shelter, safety, food and an education for 85 children in need in the Thai/ Myanmar border town of Mae Sot.

Noh Bo Academy- here we sponsor 4 Karen teenagers in the north of Thailand who are displaced from their homes. These teens face an uncertain future but they are determined to study and are very pleased to be able to attend school. Each scholarship covers accommodation, food, clothes and schooling for the year.

J Square, Bangkok- we fund sponsorships for 2 children, covering tuition, uniforms, shoes and books.

Sister Joan and her work in the Klong Toei area. We have been providing Sister with oil and rice monthly for a long time now. We will let you know how the project is proceeding following her return to Australia.

United Neighbours of Hope- UNOH also work in the Klong Toei slums and their aim is improve lives by assisting the locals to initiate and manage a wide range of projects including micro-enterprises. We respond to the changing needs of UNOH as they request- this year SILC have provided one individual with specialist eye care, respite care for a boy with complex needs and funded marketing and materials for 2 business startups.

Place of Grace- provide a safe place for 160 young people in the Mahathai area of Bangna. We funded a weekend trip to Hua Hin for 23 teenagers, many of whom had never been outside Bangkok before.

Nightlight- working with women trapped in prostitution, Nightlight aim to break the cycle of sexual exploitation. SILC gave funds to help volunteers build a relationship with those at risk of by offering vocational opportunities.

Bangkok Breast Cancer Support Group and the Queen Sirikit Centre for Breast Cancer Care. Run by a highly skilled and dedicated group, BBCSG take breast cancer education and support into poor areas of Bangkok and its suburbs. We funded a screening day for 120 from the slums who would otherwise have little access to such screening and support.

CCD- this charity provide care and support for abandoned special needs children in Thailand. In 2014, we paid for their Rainbow Camp, taking 150 disabled kids and their carers to the seaside for 3 days.

Home Of Grace- based in Samrong, Home of Grace provide shelter for young pregnant women and new mothers who have nowhere else to live. This year we funded a new oven with a view to learning new skills and offering the small business potential for sales of the products made.

I hope this gives you some insight into how well your money is spent thanks to our own dedicated and caring Welfare team. You are most welcome to come and join us in person as well as in your donations, we send monthly mails on how you can join in or email Chris, address above for more information.

Jane



Welfare Update



Wat Mahawong Daycare Centre visit.

On Wednesday 5th October, a group from Welfare visited the daycare centre run by FORDEC (Foundation for Rehabilitation & Development of Children and Family) at Wat Mahawong.

We had a lovely visit to the centre & were greeted by very enthusiastic children all waiting to create their caterpillars! They had a great time colouring in the body, before drawing a face to be attached, and then finally having the antennae and legs stapled on.

It is always so lovely to see the children & their smiling faces. They really appreciate us being there and seem to enjoy themselves as much as we do!





Welfare Requests

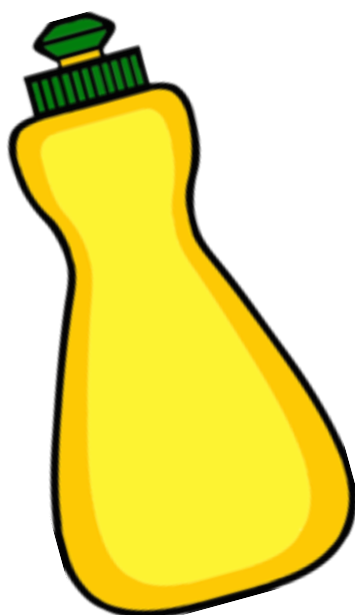


The welfare team would be most grateful for any donations of children's toothbrushes suitable for ages 2-6 (either in a set with a small tube of toothpaste or without), available at most supermarkets.

Also 1 litre bottles of the cheaper cooking oil for the oil run.

These items can be passed onto our welfare team members or any SILC Committee Member or Link Lady.

Thank you



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November 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 ANZWG Melbourne Cup Postponed	2	3 NNR Charity Bazaar @ Nichada	4	5	6
7 Committee Meeting	8	9	10	11 SILC Bazaar @ Patana School Open Studio & Artisan fair (see advert)	12	13
14 Full Moon Coffee Morning at Jimmy's	15	16	17	18 Pot Luck Lunch at Sue Williams	19	20
21 Deadline for Dec/Jan Newsletter	22	23 Evening Book Club at Maya's	24	25	26 Ploenchit Fair at Patana School	27 Brush Calligraphy Workshop (see advert)
28	29	30				

Notes

For any NON SILC events please check the event is still running as there a lot of cancellations and postponements.