

SENDER: S.I.L.C. EDITOR,
155MOO9
LAKESIDE VILLA 2
BANGNA TRAD RD.
KM 7.5
BANGKOK 10260



MONTHLY NEWSLETTER

NOVEMBER 1996

SAMUTPRAKARN INTERNATIONAL LADIES CLUB

Committee Members and Activity Leaders
Call these ladies for more information on club activities.

PRESIDENT		LUNCHES	
Sue Leon	316 8125	Helen van der Zalm	316 4000
Fax;	316 1594	WELFARE	
VICE-PRESIDENT		Paradee Narkphanchiwan	398 5796
Lesley Evans	316 5065	WELFARE SUBCOMMITTEE	
Fax;	316 5065	Melanie Johnston	758 7610
NEWSLETTER EDITOR		Jeed Suphavaradorn	316 2622
Dee Maclean	316 3984	Dianne Clark	316 1071
Fax;	316 3984	Anna Leong	385 8712
SECRETARY		Lorna Schroeder	316 8545
Teresa Sarhan	316 3978	ACTIVITIES LEADERS	
TREASURER		Classes - Liz Woodhead ext669	336 0606
Doreen Grey	316 8503	Aerobics - Kathy Arindell	398 6208
MEMBERSHIP		Tours - Sunita Kulisra	316 4097
Tammy Haas	754 8534	GENERAL COMMITTEE MEMBERS	
Fax;	754 8535	Annette Faherty	261 1960
NEWCOMERS		Joyce MacRitchie	316 4021
Rosemarie Knottnerus	383 4266	Marilyn Moffatt	758 6884
COFFEE MORNINGS			
Anky Kennedy	316 4074		

ORGANISATION OF THE CLUB

S.I.L.C. creates an opportunity for women of all nationalities living in the Samutprakarn area to meet socially and participate in a variety of activities without travelling into Bangkok. We invite members to join monthly meetings, excursions and interest groups. Members pay an annual fee of 500 baht to cover costs and receive a monthly newsletter and club directory. Application forms are available from Rosemarie Knottnerus and Tammy Haas, or any of the committee members. For the convenience of some members, membership fees can be paid to Rose Lanham, who is usually in the PTG Room at Patana International School.

NEWSLETTER

The newsletter is published once a month from September through July with articles, letters, information and diary dates on club activities. All manner of contributions are welcome and can be sent directly to the editor or handed in during a monthly meeting. Advertisements are published at a small fee and the deadline for all contributions is the 15th of the month.

MONTHLY GENERAL MEETINGS

General club meetings are held the first Monday of each month. Venues for the meeting vary and are published in the newsletter. The meeting starts at 8.00pm and lasts approximately two hours. Everyone is encouraged to attend and visitors are welcome.

COMMITTEE MEETINGS

Committee Meetings are normally held on the first Thursday in the month, these meetings are open to everyone. Please inform hostess of the meeting if you wish to attend.

President's Message

What a busy month has just gone by and no doubt November will get even busier. So we all need to take time out to relax, when we have the opportunity and recharge the batteries.

I am very much aware how much pressure many of the committee members are under, especially as many of us wear many hats, being committed to roles in other organisations in the community in addition to S.I.L.C. and of course, most importantly always being there as key family members. Yes, the demands certainly are enormous, but as far as S.I.L.C. is concerned, we are an organisation set up to provide support, friendship and opportunities to make the most of living in Thailand, but particularly in Samutprakarn. We, the committee are here to facilitate this "journey", but also we need to remember to have fun too! We need to share the work load in order to achieve this. So general members, keep volunteering to assist where you can and our club will continue to be a source of pleasure for all of us.

Congratulations to Teresa Sarhan, who so efficiently co-ordinated the bazaar, a major undertaking and thank you to all the organisers, Dee Maclean, Lesley Evans, Annette Faherty and the other helpers who made it such a fantastically successful day. Dee, the hostess, was everywhere satisfying everyone's requests and managing to keep so calm. "Good on you Dee". We had great fun, bought our Chrissie presents, including a few goodies which we may decide we can't possibly part with, and these might just turn up in *our* Christmas stockings! The "tucker" (food) was delicious and what's more we raised **33,000** Baht, a significant amount for our welfare projects. Well done, Ladies!

I accompanied the welfare committee on their trip to distribute our contributions to the various local organisations we support. It was very rewarding to see first hand where our money is being spent and I congratulate this group on their work. They have spent many hours investigating the needs of various local organisations, which we have chosen to support, then translating these into "shopping lists" and finally purchasing and distributing the various items. It was a big job and they did it very conscientiously and with many smiles.

Don't forget to purchase your ticket for the Christmas party to be held on the 7th. December at the Novotel. Tickets available from committee members. You don't want to miss out on a Christmas in Thailand. We can promise you the traditional Christmas fare, the cooler weather, but I'm afraid for those of you who long for a white Christmas we can't provide that! Happy Halloweening, Guy Fawkesing and Loy Kratonging! It sure is going to be busy.

Sue Leon

Sue Leon.

DIARY DATES FOR NOVEMBER 1996

MONTHLY MEETING

Monday 4th November at 8.00pm
at Joyce MacRitchie's Home
169 Lakeside Villa 2
Bangna Trad Rd 7.5km
Samutprakan

Susan Gracie

Thai crafts is Susan's speciality she will be coming along to talk about these and will also have plenty to sell.

The meeting will start **promptly** at 8pm and will finish at 10.00pm.

R.S.V.P. Joyce MacRitchie 316 4021
Lesley Evans 316 5065

COMMITTEE MEETING

Wednesday 30th October
at Sue Leons house
776 Lakeside Villa 1
9am to 11.30am

Christmas Committee Meeting

Wednesday 30th October

At Sue Leons

8.30am to 9.00am

LUNCHEON

Wednesday 13th November at 12md
at the Bull's Head
Sukhumvit Soi 33
(just round corner from Villa
supermarket)

Pub Lunch

How do you fancy doing some shopping in Villa then enjoying a traditional English pub lunch. Join us at the the Bulls Head, where you can partake of traditional 'English grub'. A special three course menu has been chosen costing 260 baht. There is no corkage if you would like to take your own wine or you can buy drinks from the bar.

(Don't forget your cool boxes if shopping in Villa before lunch).

RSVP Helen van der Zalm 316 4000 or
Dee Maclean 316 3984 by the 11th

COFFEE MORNING

Thursday 21st November 1996
Informal Coffee Morning
at Sarah Towell's
33/341 ,Soi 2/8 Moobann Ladawan
Srinakarin Rd
at 9.30am

RSVP Sarah Towell 758 7224
or Anky Kennedy 316 4074

PLEASE NOTE

It is essential that either the hostess or organizer of any of the Club events know how many people are expected to attend. If you wish to attend please telephone the numbers which are given for that event, it only takes a minute!



Volunteer Required

To hold Childrens Christmas Party on Tuesday 10th December.

We have plenty volunteers to run the party we only need a venue!

The children spend all of the time outside playing games, food is eaten outside and the only time they will be inside is to see Santa. The party only lasts for two hours.

If you have a house with a largish garden can you please phone Dee Maclean on 316 3984 before the 28th.

The party is for SILC children only.

Bazaar News



Congratulations to Rose Lanham who won the 12 bottles of wine raffle. Happy wining and dining Rose.

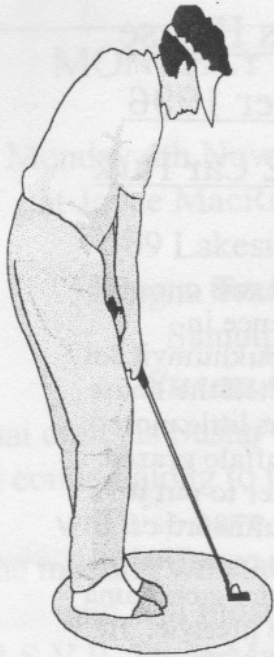
Tour

Connie Mangskau's House

On the 11th November 1996

Meet in Lakeside Villa 2 Car Park at 9.30am

The house which is to be visited was once the most talked about private residence in Bangkok originally situated on Sukhumvit Soi 4. Connie Mangskau's had erected the house back in 1961 when the area was little more than rice paddy where water buffalo grazed. Jim Thompson had convinced her to put up a traditional Thai house, a thing unheard of then, Thompson had erected his own Thai house the year before beside a klong on Rama 1 and found it well suited to his lifestyle. He convinced Connie to do the same. They visited Ayutthaya together and found four suitable structures which they bought and brought down river by barge to Bangkok. After Jim Thompson's strange disappearance in Malaysia 20 years ago, his famous house on the klong became a museum and was placed on the tourist map of Bangkok. On the other hand, until her death in 1991, Connie's house became a gathering place for the rich and famous who came to Bangkok. After Connie's death, her daughter Joanna took over and continued the same tradition, entertaining visitors including Henry Ford, William Holden, Roger Moore, John D Rockefeller and hundreds more. Both Connie and Joanna's parties became legendary. An invitation to their house was not merely a night out; it was an event to be remembered. In 1995 Joanna sold the house to an unknown buyer. The buyer has recently been disclosed as Ponsri Luphaaiboon, Public Relations Manager of the Chareon Pokphand Group. She has moved the house to a different location at Minburi beside a lake. It took six weeks alone to take down the house and six months to complete the reconstruction. Today Connie Mangskau's Thai house is once again a thing of beauty, and a living memory to a glorious past. The house can be seen in this months Thailand Tatler. But why not come and see it for yourself.
Tel; Sunita 316 4097



Golf Lessons

For more information on Golf Lessons please contact Liz Woodhead on 336 0606 ext 669

Meditation

Feeling stressed out, Bangkok becoming too much! how would you like to attend meditation sessions please contact Rosa Heindel on 316 4135 or Sunita Kulisra 316 4097



Mahjong

We welcome all players, experienced or beginners, at this weekly mahjpng session. Don't worry if you have never even heard of this game of tiles but wish to learn. We have lots of information you can read and are willing to teach.

Julie Thompson is holding the sessions in her apartment at Prestige Condo, Appt 1A, Thana City, Bangna Trad 14km on Wednesday mornings.

For more information telephone Julie Thompson;- 336 0543



TENNIS

Tuesday and Thursday at

**SPORTS COMPLEX
LAKESIDE VILLA 1**

Bangna Trad Rd 5.5km
8am to 10am approx.

Players of all levels are welcome to this friendly tennis game. For more information, please call Liz Woodhead 336 0606, ext 669 or Wendy Chang, 316 4011.

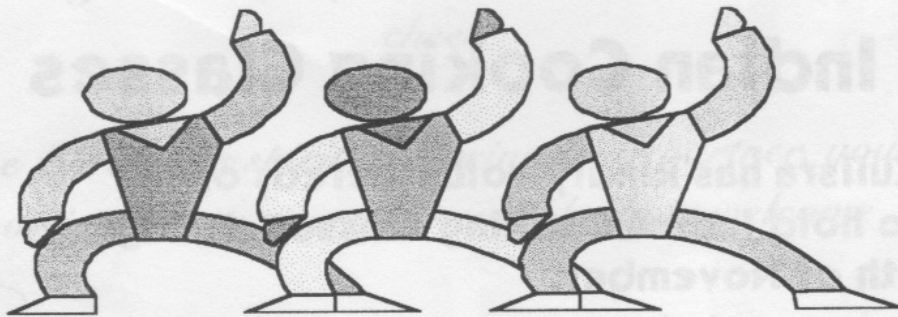
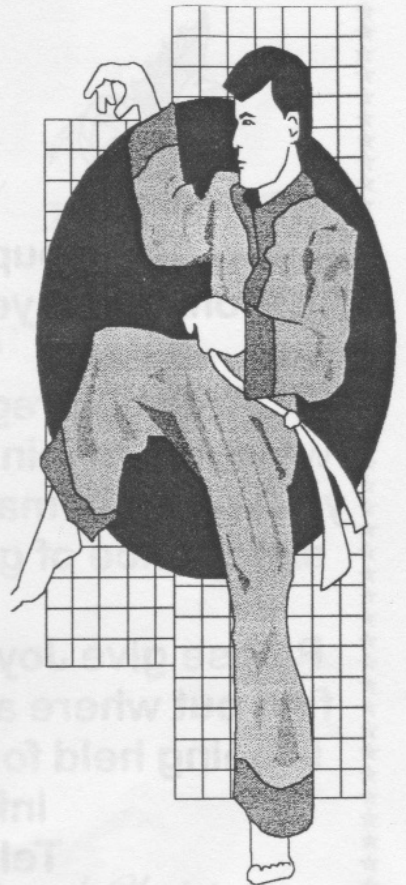
TAE KWON DO

Classes are being conducted by Khun Choo Chai
at the following venues:-

Tuesdays and Thursdays at 6-30 -7.30pm
Wendy Chang's home
175 Lakeside Villa 2
Tel:- 316 4011

Tuesdays and Thursdays at 5.00 - 6.00pm
Anna Leong's home,
33/220, Soi 6/6 Moobann Ladawan
Tel:- 385 8712/758 6894(hse) 255 3237 (office)

Saturdays (for residents only)
Fitness room, Lakeside Villa 1
Please contact Choo Chai at Patana School



AEROBICS

Get fit at Kathy Arindells aerobic classes

MONDAY, WEDNESDAY & FRIDAY
Lakeside Villa 1 - Fitness Room
8.30 - 9.30am

TUESDAY (from 1st October)
Lakeside Villa 2 - Fitness Room
8.30-9.30am

Fee; 50baht

Tel; 398 6208

**EXTRA CLASS
ADDED**

**EXTRA CLASS
ADDED**

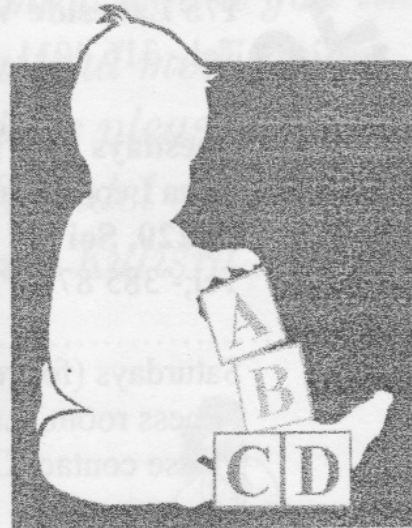
PLAY GROUP

Calling all MUMs!!!

A new playgroup has been started for mothers with children from 0 to 3 years old, living in the Samutprakarn area.

Are you pregnant? You are very welcome to join this group also. Where you will meet many mums with first hand experience of giving birth in Thailand!.

Please give Joyce MacRitchie a call to find out where and when the Playgroup is being held for the week, or for more information.
Tel; 316 4021



Indian Cooking Classes

Sunita Kulisra has kindly volunteered, once again, to hold Indian Cooking Classes during the month of November.

The classes will be held in Sunita's home.
145 Lakeside Villa 2.

on

Fridays, 8th, 15th, 22nd and 29th November
from 9.30am- 12.00md

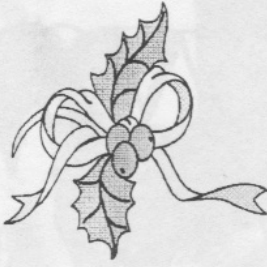
Cost;- 1800baht

For more information;-

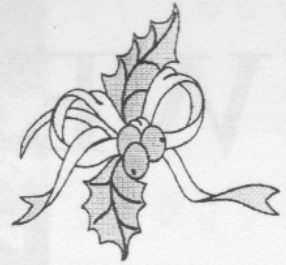
Tel; Sunita 316 4097 or Liz Woodhead 336 0606 x669

(Sunita would be willing to hold a shortened basics class for 5-6 people if the above dates are not suitable).





S.T.L.C.
Christmas Party



Saturday 7th December 1996

7pm - Drinks

8pm - Dinner

Novotel Hotel

Srinakarin Road

Tickets - 1000 baht each

Get into the Christmas spirit and enjoy a traditional Christmas dinner, with good company, music, prizes and plenty of festive cheer.

Share the Christmas spirit and bring your partner, your friend or just bring yourself - everybody is welcome

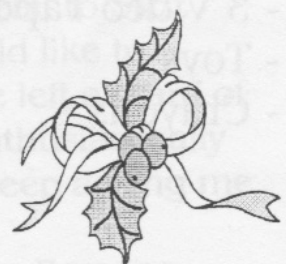
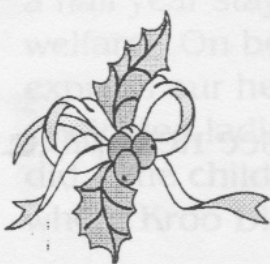
Give a child some Christmas spirit and place under the Christmas tree a wrapped gift (max value 150 baht per couple) for one of our welfare children - mark gift for boy or girl.

Indulge your Christmas spirit and dress with a festive touch.

*Tickets available from November
4th at all STLC functions or from*

Marilyn Moffatt

Joyce MacRitchie



WELFARE NEWS

The Welfare Committee have been very busy these last few weeks collecting and distributing toys. They have also been busy putting to good use the money that SILC has raised over the past year for Welfare projects. The following is just a short summary of what they have bought and distributed.

To Pong Ploy Day Care Centre

- A steel cabinet
- A book shelf
- Books
- Table and 6 chairs
- Medicines
- Electric Jug
- Toys
- 3 Music Cassette Tapes
- Scissors, cutters and staplers.

To Wan Tong Day Care Centre

- Book shelf
- Books
- Tape Player
- 4 Cassette Tapes
- 3 sets simple wooden blocks

To Soi 103 Day Care Centre

- A water purifier
- Books
- 3 Video Tapes
- Toys
- Crayons

For pictures please see next page



Thank you for
 successful combined
 at the Stars
 in attendance held
 especially well
 honoring British
 one entered the

Above - Pong Ploy Day Care Centre
 Across - Wan Tong Slum Day Care Centre
 Below - Soi 103 Day Care Centre



Some of you may not know that Dianne Clark has moved back to Australia. Many members may not realize during Dianne's one and a half year stay in Thailand, she contributed a great deal to SILC welfare. On behalf of the Welfare Committee, we would like to express our heartfelt thanks to you, Dianne. You have left a team of dedicated ladies who will continue the work you so enthusiastically did. The children at the Concordia Day Care Centre keep asking me where Kroy Dianne is! Good luck to you!

Paradee.



Coffee Morning Report

Colour Me Beautiful by Melanie Johnson

Our September coffee morning was a great success. A big thank you to Maxine Abell for making all of us so welcome and to Melanie Johnston for an extremely interesting and well presented talk and demonstration, which was on a subject new to many of us.

Melanie began by explaining her background and training, which includes 15 years in the beauty business in the USA as well as qualifying as a colour analyst and image consultant with "Colour me beautiful". Now she is interested in sharing her expertise with us!

As we all know, Bangkok brings beauty problems of its own - the dust, heat and humidity can wreak havoc with our make-up and hair. Melanie explained how to combat some of these difficulties- use of powder foundation, for example and generous amounts of hair gel!. She also gave some tips on use of eye make-up, according to your eyelid/brow bone structure. She showed us a 'body shape' chart. Are you an hourglass, inverted triangle or pear?. By analysing your body shape, proportion and style, Melanie can recommend the styles to best suit your figure and flatter your shape. I think I will take her up on this and make an appointment, sounds like a good alternative to dieting to me!

But the main part of the morning was spent by Melanie demonstrating her methods of colour analysis on her volunteer, Sopsis. She showed the colours that did (and did not) suit. It was quite astonishing at times the difference made by the choice of colours. "Red is not red is not red". There are 'n' different shades, one of which will suit you, but maybe none of the others. Melanie first established Sopsis's category. She was in fact a clear winter. You can be spring, summer, autumn or winter but within each season there are further categories. Are you cool, deep, light, clear or soft?. It makes quite a difference!. Melanie then 'draped' in the colours of her personal palette and together they identified the really stunning ones - as well as indicating whether each would be best suited to day/evening/business wear etc. At the end of the colour analysis Sopsis was made up in the colours suited to her skin/hair/eye tones. She would then be given a wallet containing swatches of her personal colour palette for use when shopping.

It was suggested you take your proposed purchase to the door or window to check its real colour - but explain (if you can! ha!) what you are doing first. You may attract unwelcome attention otherwise...

The problem of the existing wardrobe was addressed. How are husbands going to react when you announce all your existing stuff has to go! Melanie recommended not doing this (whew!). (I wonder whether a 'Colour me beautiful' consultant has ever been quoted as a co-respondent in a divorce case...? ("Blue was definitely OUT, m'Lord...!")

Instead you should gradually change your wardrobe and by using your swatches when shopping you can co-ordinate your wardrobe far more effectively and hopefully not make mistakes. (It'll SAVE money dear....!) Sounds like a good idea to me. When can I start?

Many thanks once again to Maxine and Melanie. If you have any queries or would like to make an appointment with Melanie (she also offers a full range of hairdressing services) just give her a call on 758 7610.

Felicity Dent.

Thank You

Members of the British Women's Group deserve a big thank you for their hard work in planning and sponsoring the very successful combined international women's club luncheon which was held at the Siam Intercontinental Hotel on October 10th. While the approximately 600 women in attendance hailed from countries all over the world, England, Scotland, Wales and Ireland were especially well represented and exhibited the "patriotic fervor" one would expect at an event honoring British traditions through a program entitled "Sights and Sounds of Britain"!

A feeling of excitement and anticipation was evident from the moment one entered the ballroom area in the company of hundreds of smiling, chatting women dressed in red, white and blue! While we are not privy to information regarding the commercial success of the craft sale which preceded the luncheon, it was obviously a social success! Passing through happy groups of visiting friends and acquaintances required agility, speed, balance and lots of "Bangkok" determination. A full range of the typical Thai handicrafts were available to those determined enough to reach the various tables and make purchases.

The color scheme, which was established by way of a "dress request" on the printed invitations, was carried on throughout the luncheon with red, white and blue flowers, thematically uniformed waitresses, "Union Jack" table covers and wall hangings and floral center pieces featuring miniature British flags. Those flags proved very useful later in the program when those of us from other cultural backgrounds were treated to an amazing display of something the British call simply "the proms".

In America, proms are formal dances for eleventh grade high school students. What a pleasure it was to experience the essence of a totally different tradition. Following video presentations of British country sides and dance traditions, as well as some live performances, the grand finale was a performance of a classical concert ending with audience participation in the high spirited singing of patriotic songs accompanied by vigorous flag waving! Those "Brits" so inclined removed the miniature flags from the center pieces, joined a guest conductor on the stage and joined in with the singing and flag waving in the video. There was little doubt that, at least for those participants on the stage, the spirit of "the proms" was alive and well in Bangkok if only for a little while.

SILC was well represented at the luncheon by approximately thirty women representing several different countries and we all should have gone away "culturally enriched". Our thanks to Helen van der Zalm and Sue Leon, as well as any others who helped out, for their efforts in coordinating the SILC reservations, seating and car pooling arrangements.

Vernell D. Torgensen

September Lunch

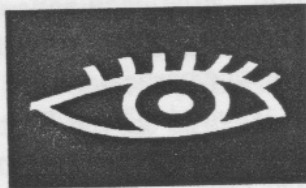
I would like to thank all the ladies who attended the pot-luck lunch at my apartment. The array of food was wonderful and many thanks for all the donations. I still have a pot or two left!!
Hope to see you all at the Xmas on the 7th December and a few other outings.

Annette Faherty

HAPPY BIRTHDAY!

for November
to

Wendy Chang
Helen Foster-Turner
Melanie Johnston
Pansy Kunoopakarn
Angelique Van Bladel
Liz Swift
Karen Taylor



Eyeglass Appeal

If at any time throughout the year you come across eyeglasses not in use in your family. The I.S.G. to the Public Welfare Dept can 'recycle' them and give them to recipients in need.

Please contact Sunita Kulisra
316 4097
or place in the eyeglass box
in the PTG room at Patana
School.

For Sale

IBM Thinkpad 720C

486DX running at 50mHZ

Maths Coprocessor

8MB Ram, 160MB Hard Disc

VGA Colour Active Matrix TFT

10.5 inch screen, 3.5in

FloppyDisc

Battery and charger

**Three years old, good
condition**

New price approx, Bt 120,000

Price Bt 55,000 o.n.o.

Call Cathy Sullivan

on 321 9297

or fax 321 8916



Wanted

Contributions of nice
Christmassy prizes for our
raffle to be held at the SILC
Christmas party on the 7th
December.

If you can help please call
Annette Faherty
261 1690

All contributions gratefully
received.