

SENDER: S.I.L.C. EDITOR
33/146, SOI 4/5 MOOBAAN LADAWAN
SRINAKARIN ROAD
BANGPLEE, SAMUTPRAKARN 10540



MONTHLY NEWSLETTER

FEBRUARY 1999

SAMUTPRAKARN INTERNATIONAL LADIES CLUB

Committee Members and Activity Leaders

PRESIDENT

Felicity Dent 758 6492
Fax: 758 6493

VICE-PRESIDENT

Andrea Zwerling 316 1594

NEWCOMERS

Isabella Henderson 758 6726
Fax: 758 6727

SECRETARY

Jan Parkin 726-2210
Fax: 726-2209

TREASURER

Lyn Bradley 726 2191

NEWSLETTER

Becky Hazleton 385 8191
Fax: 385 8429

MEMBERSHIP RECORDS

Carmen Schuster 316 2977
Fax: 316 4343

CLASSES

Jeannette Adamson 336 0944
Fax: 336 0944

WELFARE

Paradee Narkphanchiwan 398 5796
Fax: 748 7845

COFFEE MORNINGS

Julie Heather 385 8133

LUNCHES

Linda Meyer 312 5591

TOURS

Nathalie Scott 758 6787
Fax: 758 6787

GENERAL COMMITTEE MEMBERS

Helena Kruiuzenga 758 7191
Fax: 758 7202
Gill Symons 758 5171
Fax: 758 5172
Janet Weston 385 8482

ORGANIZATION OF THE CLUB

SILC creates an opportunity for women of all nationalities living in the Samutprakarn area to meet socially and participate in a variety of activities without traveling into Bangkok. We invite members to join monthly meetings, excursions and interest groups. Members pay an annual fee of 500 baht to cover costs and receive a monthly newsletter and club directory. Application forms are available from Isabella Henderson or any of the committee members.

NEWSLETTER

The newsletter is published once a month from September through July with articles, letters, information and diary dates on club activities. All manner of contributions are welcome and can be sent directly to the editor or handed in during a monthly meeting. Advertisements are published at a small fee and the deadline for all contributions is the 15th of the month.

MONTHLY GENERAL MEETINGS

Club meetings are usually held the first Monday of each month. Venues for the meeting vary and are published in the newsletter. The meeting starts at 8 p.m. and lasts approximately two hours. Everyone is encouraged to attend and visitors are welcome.

COMMITTEE MEETINGS

Committee Member Meetings are normally held once a month. These meetings are **open to everyone**. Please inform the hostess of the meeting if you wish to attend.

DIARY DATES - FEBRUARY 1999

January Tour

DATE: Thursday, January 28
TIME: 8:30
VENUE: Koh Kret (terra cotta pottery)
RSVP: Nathalie Scott 758 6787
COST: 200 baht

Meet at Bangkok Patana 8:30 am. Boat to this island and buy beautiful pottery. Call to reserve your spot and for any details.

February Monthly Meeting

DATE: Monday, February 1
TIME: 7:15 pm
VENUE: See below
RSVP: Andrea Zwerling 316 1594
COST: 300 Baht ++

A new venture! Dinner at a restaurant in town by the flower market, alongside the Chao Praya river. Call Andrea 316 1594 if you have trouble with transportation or directions – please call if you plan on coming so we can inform the restaurant. It might be a good idea to fill a few buckets ready for all those flowers! Maps to be distributed to those who RSVP.

February Coffee Morning

DATE: Friday, February 12
TIME: 9:30 am
VENUE: Michelle Pease's, 95/55 Green Valley, Bangna Trad Km 14
RSVP: Michelle 312 5541, or Julie Heather 385 8133

February Lunch

DATE: Wednesday, February 24
TIME: 12 pm
VENUE: Gourmet Gallery
RSVP: Felicity Dent 758 6492, or Linda Meyer 312 5991

Excellent food, wonderful surroundings – always a favorite!

February Committee Meeting

DATE: Wednesday, February 3
TIME: 9 am
VENUE: Felicity Dent's
RSVP: Apologies only 758 6492

March Monthly Meeting

DATE: THURSDAY, March 4
TIME: 8 pm
VENUE: Gill Symons
33/32 Soi 2/2 Ladawan
SPEAKER: Susan Race
RSVP: Andrea Zwerling 316 1594, or Gill Symons 758 5171

Susan works with the hilltribe people and will share her experiences on how these people live.

March Coffee Morning

DATE: Wednesday, March 10
TIME: 9:30 am
VENUE: Jonquil Henry's
130 Lakeside II
RSVP: Jonquil Henry 316 4074, or Julie Heather 385 8133

March Lunch

DATE: Tuesday, March 30
TIME: 12 pm
VENUE: Cedar Lebanese Restaurant
Sukhumvit Soi 49/9
RSVP: Nathalie Scott 758 6787
By March 24!!!

Mezze will be served, which are dips and things such as marinated eggplant, cheese puffs, etc., and all served with warm pita bread. The cost will be 300 baht plus drinks. There must be a minimum of 20 people, prepaid. After lunch, we will go to the Chocolate Factory to buy delicious, Belgian Easter eggs.

PRESIDENT'S MESSAGE

Monthly Meetings. Our first monthly meeting of the year was a social success – with lots of laughs during the quiz (particularly over the singing). Please let us have your views on holding our meetings on nights *other* than Mondays. It was a recent committee suggestion, and we will be “trying it out” over the next few months (sometimes it suits our speakers better, too). We are also “branching out” with the format. Our next evening meeting will be a Thai dinner in town, followed by a stroll through the flower market, close to the river. I confess, I stumbled upon this market by accident one evening last year and was amazed by it ... truckloads of roses from Chiang Mai; as well as many, many other beautiful flowers for sale. Please contact Andrea Zwerling today if interested.

R.S.V.P., or “repondez s’il vous plait” (“Reply please”!). On that note, please, please can I ask all SILC members to adopt as their new year’s resolution:

“I WILL R.S.V.P. (reply) TO THE HOSTESS/ORGANISER FOR ALL SILC FUNCTIONS AT LEAST 3 DAYS BEFORE THE EVENT! I WILL...I WILL...I WILL.”

You can imagine how difficult it was for both Susan Holland (the children’s Christmas party) and Val Ashman (the quiz night) to organise these events just *not knowing* the numbers to be catered for. At our last committee meeting, a fine or forfeit was proposed for those not complying with this – so please let’s make sure this remains only a jokey suggestion! (Remember also, an offer to bring a plate of food to share is always welcome).

Committee News. I am pleased to welcome Gill Symons as a new general committee member. Gill, as you know, organised our Christmas Party at the Novotel in November so had a “baptism by fire.” Welcome Gill. In the same breath we also have to say goodbye to Janet Weston, who has been an invaluable general member of the committee. Thank you, Janet for your reliable and efficient assistance with many SILC activities – and we wish you well back home! Since last newsletter, Jennifer Dickie has shown just what a good TOURS rep she really is. Not content with the UK, Jennifer and family are now on their way to a new experience in New Zealand! Best wishes again. Goodbye also to Rose Lanham and family, who after 9 years in Thailand are off to the U.S.A. Rose has been a stalwart member of SILC, since its beginnings. Thank you and farewell!

Life Member - Congratulations to Susan Holland who was voted as our first life member at our last committee meeting. Susan has lived in Thailand 8 years and founded SILC with fellow Australian, Karen Albrecht, shortly after arriving here. Look out for her brief history of how SILC came to be ‘born’ in next month’s newsletter.

Felicity Dent

TRAVELOGUE NEWS

Where are the Travelogue forms? Many of you have been away at Christmas, so please be sure and share any information that you can.

If you are planning a trip to Australia – Sydney to Gold Coast area – there is loads of info in the Travelogue box. For New Zealand, contact Marilyn Moffatt, tel: 758 6884 as she has all the info you could possibly need.

SILC Christmas Party at Novotel

Following the Committee meeting in January, it was proposed that the money made on the sale of raffle tickets – approximately 20,000 baht – should be spent on some equipment for a local needy charity. It was agreed to support a new organisation which has not previously been sponsored by the SILC Welfare Group. Following discussions, everyone present agreed it would be appropriate to buy some necessary items for Siam Care, a local charity which works to help women and children affected with the HIV virus. One of our SILC members is active in this group on a voluntary basis and has suggested that we might purchase a sewing machine (which would enable the ladies to learn a new skill and increase their chance of getting employment), and also a fridge which is much needed. The Welfare committee are now following up on these suggestions. It may well be possible to buy both items for Siam Care.....watch this space.

Our thanks to Jacqui Grove for a great write-up about the party. We will note your comments for next year (and see if we can get you the matching necklace!). Who knows, it may be even bigger and better next year. On that note, we would like to once again thank our sponsors, listed below, who so kindly donated cash and prizes for the party and *enormously* contributed to the success of the evening.

ASIA BOOKS
BAKER HUGHES
BOOTS THE CHEMIST
BRISTOL MYERS SQUIBB
DUC DE PRASLIN
HILTI THAILAND
KHUN TANG
KRASSAWAN JEWELRY
LA MINE
MATTELL THAILAND
NOVOTEL BANGNA
ORCHID GEMS
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RINYU BROTHERS L.P.
SALLY KISER CAMBODIAN SILVER
SANTA FE
UNILEVER THAI HOLDINGS LTD
WESTIN BANYAN TREE

A big "thank you to you all, see you next year"

Gill Symons

REVIEWS

January Coffee Morning

Our coffee morning was held at Kiki Player's house in Ladawan. It was well attended and as usual, delicious food-especially the chocolate cake with coconut. A recipe would be very much appreciated in the next newsletter, please??

The speaker for the morning was Adrienne Wiangyangkung-Blomberg, from the Siam-Care organisation. She came from Holland as a nurse, and for six years worked up-country with her (now) husband, who also worked there, and together they set up the Siam-Care centre in Bangkok in 1991.

The Siam-Care centre provides temporary accommodation (up to 3 months) for those diagnosed infected with HIV. They not only care for the sick, but try to counsel them and their families about the condition. As Adrienne said, 'it's very traumatic for the sometimes very young mums to be told in hospital that they and their unborn or newly born child are infected. There is usually only one social worker for the whole hospital, and the young girls are mostly from up-country and totally unaware of the condition, believing only that they have full blown Aids and will die soon!'

Adrienne, her husband, a team of staff and volunteers take time to talk to the families, which can include trips to their family home, to try and explain the care and needs of their future. Also to invite relatives back to the centre to help them understand the condition.

As she explained some schools refuse to have children who are infected with HIV, also families leave the dying patient outside their house, fearing infection!

The accompanying slide show was informative, but also pretty traumatic. I can only deeply admire the care and affection the team give to the men, women and children, their families and to the work they do in educating not only the Thais, but Westerners too about HIV and Aids. A question was asked if she found the work depressing. As she pointed out, there are plus sides too – when they find out a baby isn't infected, or the family accepts the daughter, son or husband back into their home. But the reward can be seeing an improved quality of life whether it be through finding a job, creating a new skill, a school scholarship, or finding guardians for the 'future orphans' who are uninfected.

Since starting the project, there has been a massive increase of HIV. It was quoted that 1 in 60 Thai people were infected, and although there are projects to help educate, the people far away from the cities do not hear!

During a 3-day workshop (by the beach) one lady, whose skin wasn't in the best of condition, ran into the sea to bathe. Unbeknown to her, the sea contains salt – result, a pretty fast exit! Siam-Care are always on the look out for volunteers and also any donations of old clothes for adults and children's *washable* toys (the fluffy ones get very dirty). Towels and shoes would also be appreciated. Contact Angelique Van Bladel in Ladawan, or any of the welfare committee and label contents "Siam-Care."

Jonquil Henry

REVIEWS

MONTHLY MEETING

Happy New Year – and what a really good start to it we all had at the first monthly meeting of 1999.

Firstly, thank you to Isabella for organizing a really fun post-Christmas quiz. She really looked as though she was still in Christmas mode with her red dress trimmed with white feathers. As for the quiz, am I the only person who did not know Santa had 7 reindeer, let alone their names?!!! But our team ended up winning even so!! (Julie Heather commented that the last quiz she went to they had a play-off for last place!!!) and yes, I did enjoy my bottle of wine.

Thank you to Val Ashman also for letting a group of mad women into her lovely home, and a big apology from the International Affairs team (no names mentioned) for breaking her table, even though I do confess that after the table was taken out of the room and we all returned for a cold drink, I did admire the wood sculpture. It was not until afterwards someone pointed out that it was actually the broken table turned upside down. And that was after only one glass of wine.

It was nice to see so many people attended The quiz some with really good voices and some with not so good like myself, and regarding the loser's prize (a wood paddle type thing), does anyone know what it actually was used for?(answers on a postcard to Felicity). Although there were some suggestions made, i.e., a medieval form of torture, or a really old form of contraception (the idea being you tell him he has a headache and when he looks at you puzzled and says *no, I haven't*, you hit him on the head with it and say, *you have now!*)

There were two really good quotes of the night. Someone said "you have to kick it and bash it into place" (what were they talking about?) and the second one was a repeat; can anyone guess who said, "I like the legs on that one", when the table broke?? Do the initials F.D. help?

Once more, thank you to Val and to Isabella, and I hope there are many more quizzes to come.

Debi Fryearson



REVIEWS

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QUOTABLE QUOTES:

The hairdresser who said "I cannot cut your hair too short, it's Winter."

Where did you get that?

(If you know of a new shop, service, entertainment etc., that you can recommend, please send details to the newsletter editor [get a business card if possible.] Remember though that opinions can vary!

Buarod Restaurant 24/9 Soi 105/Soi LaSalle. The building is a low, red, brick building with lots of Wall's Ice Cream stickers on the windows. Go past Patana, past the Thai market and do a U-turn before the Esso garage on the right. They are open 7 am – 10 pm and do take-away. So far they don't deliver. This is a great place for a relaxed Thai meal by a great pool, which is shaded and has a slide to amuse the children. It makes a change from Moobaan pools.

Where can I find it?

Does anyone know where ANTI-CHLORINE SHAMPOO CAN BE FOUND???

DOES ANYONE KNOW WHERE TO GET GOOD CAKES? The Oriental shop in Emporium has them, but a Hercules cake is 4,000 baht. Delicious, but!

Please answer care of editor, fax: 385 8429

Lemon Coconut Slice

BASE: 1 x 250g package arrowroot biscuits, crushed
1 cup coconut
grated rind of 1 lemon
125g of butter or margarine
1/2 cup condensed milk

ICING: 1 1/2 cups icing sugar, sifted
15g butter or margarine
2 tbspn lemon juice
1 tbspn hot water
extra coconut

1. Combine biscuit crumbs, coconut and lemon rind in a large bowl. Melt butter in small saucepan. Add condensed milk, Stir over low heat until combined.
2. Pour over crumb mixture. Mix well, press firmly into a foil lined 18 x 28 cm tin. Refrigerate.
3. ICING: Combine all ingredients except extra coconut. Beat until smooth, spread over chilled base. Sprinkle with coconut. Lift out of tin using foil as a handle. Cut into squares.

Makes 24 (if a bigger tin, double this recipe)

Andrea Zwerling

TENNIS

LAKESIDE VILLA I:

Tuesday & Thursday 7:30

Tel Helen Frost 317 1132
Wendy Chang 316 8112

You do not need to live at Lakeside and players of all abilities are welcome. If you wish to play on Tuesday please call Wendy first so that play can be arranged

Sunday 4 pm - 6 pm
Friendly Mixed Doubles

Tel Val Ashman 316 8145
Wendy Chang 316 4011

LADAWAN:

Friday 8 am- 10 am

Nathalie Scott 758 6787, or
Julie Heather 385 8133

MAH-JONG

THANA CITY:

Julie Thompson 336 0543

LADAWAN:

Tuesday Rotation -
Julie Heather 385 8133

TAE KWON DO

LADAWAN:

Tuesday & Thursday 5.00 - 6.00pm

Tel Anna Leong 758 7339-40

33/218 Soi 6/6

THB1500/monthly - twice weekly

LAKESIDE VILLA I:

Tuesday & Thursday 6.30 - 7.30 pm

Tel Wendy Chang 316 8112

This class is for everyone (children, adults and new people are welcome to join). Please call Wendy.

GOLF (9 holes)

Royal Thai Navy Course; THB 410 (plus THB100 to tip caddy) *Never played? Never Mind! Ring if you want to play.*

Isabella 758 6726

(18 holes)

Green Valley; Call to organize a group.

Val Ashman 316 8120

WELFARE ACTIVITIES:

VISITING DAYCARE CENTERS:

Tuesday 9:30 - 11:00 Pong Ploy, Sukhumvit Soi 105, Contact Paradee 398 5796
Monday 9:30 - 11:00 SKIP, Bangna Intersection, Contact Giny 758 6631
Friday 9:30 - 11:00 Concordia, Bangna Intersection, Contact Christine 385 8113

For more information on volunteer work in the Thai community, please phone Paradee 398-5796

ARTS & CRAFTS

LAKESIDE VILLA 1:

Friday 9 am - 12 noon
at Cheryl Lamb's, 758 Lakeside Everyone
welcome (skilled or not!) to pursue their
own interests in a friendly and supportive
atmosphere. For more info;

Helen Frost 317 1132, or
Cheryl Lamb 316 8157

INDIAN COOKING

Next session begins February 1999.
Please Call Sunita 316 4097, or (01) 444
2462.

YOGA 1999

Fridays, 1 - 2:30 pm at the Ladawan
Clubhouse beginning January 29. Cost
THB1300 payable in advance for 4
sessions. If you are interested, contact
Helena Kruienza at 758 7191, who will
make up a list. Bring your own mat.

AEROBICS / STEP

LADAWAN:

Tuesday - **Aerobic** 8:45 am
Virginia 256 6185

Wednesday - **Step** 2-3 pm

Thursday - **Step** 8:30 am

Isabella 758 6726, or
(01) 844 3801

(bring your own step)

BRIDGE

If you would like to join a group of bridge
players for weekly sessions;

Tel Edith Livet 751-9884

BOOK CLUB

Date: Tuesday, February 9
7:45 Prompt Please!!

Venue: Maureen Bligh's
506 lakeside I

Topic: "Moon Tiger" by Penelope
Lively

Details: Maureen Bligh 316 8547/ 316
1581; or Felicity Dent 758 6492

Newcomers welcome, but please RSVP.

MEDITATION

- FOR RELAXATION
- NON-RELIGIOUS
- BEGINNERS WELCOME

Mondays, 10 am - 11:30

Venues: Lakeside II, Ladawan, Garden
Towers and Thana City. Every 2 weeks
we go to the next venue; a schedule is
available. For beginners and advanced.
Teacher: Emorn Haridoss. THB50 do-
nation for welfare.

Helena Kruienza 758 7191

SWIM LESSONS (Ladawan)

Tues & Weds 2 pm

Thursday 4 pm

Call Maritta 758 6718

Noticeboard

WANTED

I AM LOOKING FOR A GOOD, USED, BILINGUAL
LARGE TV.

Please call Rosali at 758 5647

THIS NOTICEBOARD is for members' use to advertise anything they want to buy, sell, find, etc. Please fax (385 8429) or phone the editor (385 8191) by the 15th of the month.

Newsletter Deadline:

The deadline for material for March is February 15.

FOR SALE

(MOVING TO AMERICA SALE #1)

For sale at reasonable prices: all the things that I can't take with me: microwave/convection oven; 1 area rug; 2 bookshelves; mattresses; 1 bicycle; and lots of other bits and pieces. Phone Rose at 385 7655.

FOR SALE

(MOVING TO AMERICA SALE #2)

Kagawa water cooler THB2000; 13" NEC color TV (not bilingual) THB3000; TV stand THB300; Kenwood drip coffee maker THB500; 1 small stand-up fan THB400; "wooden" wardrobe (good for maid room) THB1000.
Call Janet Weston 385 8482

MAIDS AVAILABLE:

1. Live-in, good housekeeper, cooks excellent Thai (some western), speaks some English, dependable, trustworthy. Available now. Call Janet Weston 385 8482,
2. Live-out. Discreet, pleasant, honest & reliable. Cooks Thai and some western, cleans well, ironing is excellent. Very good with children and can babysit most times. Speaks and understands English. Available from February 15. Please call either myself, Rachael, or Swee (the maid) on 385 8112.
3. Live-in. Very good and could be No. 1 maid except does not speak English. Very conscientious and meticulous. Call Rose 385 7655

WANTED

Reliable Tutor wanted for 11 year old needing help with Maths and English. Teach in my home Tuesday and Wednesday afternoons. Contact Debi Fryearson on 758 7089

Our Members

(add this page to your Member Directory to keep it updated)

Welcome New Member:

Diana Lara American
79/20 Moo 2, 2nd Floor
Srinakarin Road
Pravet, Bangkok 10260

366 0387
Fax: 366 0388

Amendments:

- Yoky Padmore's phone number in directory is wrong. Correct number is phone 393 5283; fax 399 1893
- Sheila Teh's name was misspelled in Directory, and her address is A-169 Lakeside II

Change of Address:

Debbie Cross
C26 M
Floraville Serviced Apartments
Soi Phattanakan 51
Suan Luang 10250
722 4080 x 5262

Aeli Haushild
2/4-5 Moo 14
Garden Towers 518B
Bangna Trad 6.5 km
Bangplee, Samutprakarn 10540
751 9889; fax 751 9933

Beverly Frankel

Royal Mansions, Apt. 5 A
304 Sukhumvit Road, Soi 55 (Thonglor) Tel/Fax: 381 6776

HAPPY BIRTHDAY In February to:

Jennifer Dickie
Becky Hazleton
Jan Parkin
Sheila The
Georgette Williams

Farewell to:

Rose Lanham
Janet Weston
Rachel Parkinson
Heidi Camfield
Rosie Jope
Wendy Dunmall

THE LAST DIET TIP:

Banging your head against the wall uses 150 calories per hour.

SPOTTED ON BANGNA.....

A bus that said Attawit Bangkok College

WELFARE NEWS

We have resumed our activities visiting daycare centers. Since several members who visit Pong Ploy are leaving Thailand, we need more people to join and help. Members go to Pong Ploy (off Soi Lasalle near Bangkok Patana School) on Tuesdays at 9:30. We start with giving children milk donated by Helena Kruienza's husband's "Foremost" company. Then we teach them to do crafts prepared by the group. If we have enough time before their lunch, which is at 11:00, we either sing songs or read stories. Those who are interested in helping, please telephone me or any welfare group member.

Current Welfare Group List

Pong Ploy:

Maureen Bligh 316 8546
Nellie Holm..... 317 1886
Mala Arunagiri..... 758 7026
Paradee Narkphanchiwan.. 398 5796

Felicity Dent..... 758 6492
Helena Kruienza..... 758 7191
Ladawan Wong..... 758 6033

SKIP:

Giny Posthumus 758 6631

Concordia:

Cristine Dayer-Runge 385 8113

SILC has also renewed the second year sponsorships through International Support Group (ISG) for two students, Somruedee Yensum (14 years old) and Nara Donpanha (15 years old). Both of them are studying in Maharakarm Province in the Northeast. The sponsorship is Baht 6,000 for two children. The money will be used in buying necessary things for schooling. Those who are personally interested in this program can contact Ruby Shum at ISG, Tel: 256 6717.

Many thanks from Welfare to:

- Thai-Chinese International School students for donating about 400 toothbrushes to be dispensed to children on Thai-Children's Day (January 9). We have given them to several daycare centers where we are involved.
- Rachel Parkinson for all her help at Pong Ploy over the last few months. Good luck in the UK, Rachel! We will miss you.
- Isabella Henderson and Sunita Kulisra for donating toys and clothes.

Paradee Narkphanchiwan
Welfare Committee Chairman

**COOKBOOK SALES **

These sold out and generated 3000 baht for welfare.



DID YOU KNOW THAT.....

Butterflies taste with their feet?
Starfishes haven't got brains?
An ostrich's eye is bigger than its brain?
A cockroach will live nine days without its head before it starves to death?

POINTS TO PONDER:

Why is the man who invests all your money called a broker?

Why is it that if someone tells you there are 1 billion stars in the universe you believe them, but if they tell you a wall has wet paint, you will have to touch it to be sure?

When cheese gets its picture taken, what does it say?

JA

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advertisement

Sunita's Indian Take-away

Enjoy your favorite Indian dishes at home. Catering for 15 to 50. Snacks always available at short notice.

Give Sunita a call to discuss the menu for your special requirements. For details or orders, phone 316-4097, 01-444-2462 or fax 739-4676.

ThaiCraft Sale

Saturday, February 6, 1999
10 am to 1 pm
Landmark Hotel Plaza
138 Sukhumvit Rd.

At this first sale of the 1999 season, shoppers will find over 60 community-based artisan groups.

Proceeds of the sale assist these groups in keeping their traditions.

For further information call ThaiCraft 714 2133.

**ARE YOUR CHILD'S STUDY SKILLS
PREPARING THEM FOR SUCCESS?**

The first time in Bangkok - The Study Technology - a body of easily learned procedures that teach a person HOW TO LEARN. Here's what a few of our graduates have to say about their courses. "It has improved my learning ability for anything" Mr. Suvitcha - "I have found that the power of learning is nowhere but inside me." Mr. Kittichai -

CALL FOR MORE INFORMATION (Ask for DIANA)

**ASK ABOUT OUR THAI
AND ENGLISH LESSONS**

A.R.C. Language & Training Center

79/20 Srinakarin Rd., 2nd Fl. Bangkok

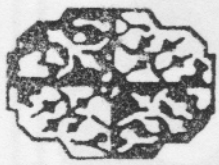
☎ 366-0387-8

Newsletter Advertising:

The committee recently discussed the guidelines for members advertising concerning payment vs. non-payment.

Non-members must pay THB1000 for full page ad, THB 500 for 1/2 page ad, THB250 for quarter page ad. Should flyers be provided and no copying required, a full page ad is THB500. Members pay if they are advertising a business or service or require an advert in several issues; otherwise, the ads are free.

Also, any type of ad will be run only once unless you call to re-new or it has been prepaid.



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CAN YOU STOMACH GOING BACK?

Depriving your taste buds of Nam Prik and Tom Yum Goong is one of the hardships of having to leave Thailand. Fortunately you can avoid other hardships by choosing the right moving company to take you home. Transpo are Thailand's biggest international movers, specializing in trouble free moves around the globe. With trained surveyors, skilled packers and 130 affiliates around the world your shipment gets specialist care and attention wherever it's going. To find out more call Transpo on 259-0116.



134/28-32 SOI ATHAKRAVI 3, RAMA IV, BANGKOK 10110. TEL: 259-0116, FAX: 258-6555.