



A publication of the Samutprakarn International Ladies Club

October 2011

## This Month

**Lunch - Fri 7 October**Bistro M, Marriott Appartments

Coffee Morning - Tues 11 October Welfare Coffee Morning at Patana

**Tour - Tues 25 October Prasart Museum** 



Membership Subscriptions are now overdue.

If you have not already renewed and would like to continue as a member of SILC, please complete the form, on the back page of this newsletter, & return together with your 800B subscription asap.

Thank you

## **Committee Members**

| Responsibility      | Name  | Telephone  | Email   |
|---------------------|---|--|---|
| Chairman            | Sarah Chaplin   | 089 205 1528   | wwchaplins@hotmail.com  |
| Vice Chairman       | Kay Hickey  | 086 511 2442   | hickey.kay@hotmail.com  |
| Secretary           | Angelique Leijdekker  | 082 009 9212   | angelique.leijdekker@gmail.com  |
| Treasurer           | Betty Stewart   | 081 792 5367   | bettystewarto@gmail.com   |
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## **Link Ladies**

| Area          | Name                   | Telephone    |
|---------------|------------------------|--------------|
| Fantasia      | Bianca Kleinherenbrink | 089 160 0424 |
| Garden Towers | Jo Thomas              | 082 526 0260 |
| Ladawan       | Shirley Tan            | 089 497 8318 |
| Lakeside 1    | Sarah Chaplin          | 089 205 1528 |
| Lakeside 2    | Sue Bailey             | 081 733 2054 |
| Nantawan      | Ngoc Richt             | 086 572 7109 |
| Narasiri      | Hilary McInerney       | 081 700 6728 |
| Panya         | Sara Carr-Legg         | 087 088 1815 |
| Thana City    | Irene Gray             | 081 806 9240 |



## From Sarah's Study



Deptember was a busy month for everyone as we all settled back into our routines. It has been wonderful to meet so many newcomers to Bangkok, whether it was through SILC or Patana, and we hope to see you again at upcoming SILC events.

We have had some great events this month and these have been very well attended by both old and new members. At the start of the month we had a Coffee morning organized and hosted by Kay. Thank you so much Kay it was great to catch up with everyone, find out about their travels over the summer and what is going on in Bangkok lately. The next week we had a lovely lunch at Wine Connection and it was hilarious to see so many people dashing in to buy their wine before lunch to avoid the 2-5pm no alcohol sales in Bangkok. Will we ever get used to these things?

The following week saw 10 of us make up a SILC table at the ANZWG Friendship lunch. We had a great time around our table and enjoyed watching the fashion show. A great bunch of ladies were modeling that day and I was very pleased to hear that the colour to watch this season is stone - the new black - as I have a new dress for the Melbourne Cup! The SILC tour was a great success with so many people going two buses were needed. Ban Bat is a fascinating 200 year old village where alms bowls are made in the traditional way. I was really surprised to find they are made of steel. I came home with a medium sized bowl and proudly showed my driver and maid. He laughed as he informed me that that size were used by 21 year olds on their birthdays......not sure it's true but guess that means they don't expect too much?!

A sub-committee took on the task of reviewing the SILC constitution in September and once this has been approved by the whole committee we will need to hold an EGM to agree the changes. We will email out the document to all members prior to that meeting.

I have enjoyed starting yoga with Khun Ning, who has taken over our class in Bangna. All 8 ladies are SILC members!! Other people were interested in joining us so I persuaded Ning to put a flyer in our magazine. Hope you can get together and organize a class. We are making the most of the last few aqua aerobics sessions with Jenny as sadly she is returning to Australia for a year. We wish you all the best Jenny. Anyone know a good aqua aerobics teacher? Our expat life is so transient so I join various different groups on the basis that things can't all be changing at the same time! I'm involved with SILC, PTG and BWG which gives me an opportunity to get involved in a range of different activities.

October sees a new event for us - the Welfare coffee morning. We hope that lots of members will be able to join us to hear speakers from various charities SILC support tell us all about their latest projects. It is very humbling to hear how much they do to help those in need in Bangkok.

You are welcome to bring visitors to any SILC events and if a friend, who is new to Bangkok, would like to join SILC they are welcome to give us a try first. Please let the contact for that event know which member they are coming with so that we can get in touch, if necessary, as plans can change!

See you soon Sarah

## **Regular Events**

#### Mahjong

Takes place on Wednesdays

From approx 9.30am to 1pm

In members homes

Contact Betty Stewart

081 792 5367

bettystewarto@gmail.com



#### Thursday Playgroup

Playgroup every Thursday

Ages 0-4 years at members homes

Playgroup leader position vacant if interested:

Contact Sarah Chaplin

089 205 1528

wwchaplins@hotmail.com



## **Advertising**

## Advertising Information

Advertisements for non-profit community events are welcome and are free of charge.

Personal Advertisements for SILC members are free of charge.

Email reminders for SILC events and non-profit community events will be sent out free of charge other events must be advertised in our magazine.

Rates (per issue)DiscountsFull Page1200 BahtMember25%Half Page600 BahtAnnual Contract10%Quarter Page300 Baht(Contracts run June to May)Flyer Insert600 Baht

Advertising requests and payment must be received prior to the published deadline.

Please send advertisement to: The Editor: Jan Briggs: kajmb@aol.com

To arrange payment contact: The Treasurer: Betty Stewart

081 792 5367 / bettystewarto@gmail.com

#### **Aims & Policies**

#### Organisation of the Club

SILC creates an opportunity for women of all nationalities living in the Samutprakarn area to meet socially and participate in a variety of activities without travelling into Bangkok. We invite members to join monthly meetings, tours and interest groups. Members pay an annual fee of 800 Baht to cover costs and receive a newsletter and club directory.

#### Newsletter

The newsletter is published ten times a year with articles and information on club activities. Contributions are welcome and can be sent to the newsletter editor.

#### Committee Meetings

These are held once a month and are open to all members. Please inform the meeting hostess if you wish to attend.

#### SILC Policy on Children

As the main purpose of SILC is to provide a network and support for its members, it is our policy that children do not attend functions and tours, except in the case of very young babies who are being breastfed and/or cannot be left with a carer. Members with babies, toddlers and children are invited to join regular playgroups advertised in the SILC newsletter and special family activities. Details of contact names and numbers can be found in the newsletter.



AAAAAAAAAAAAA

#### Deadline

Friday 21 October 2011 is the deadline for any articles for the November Newsletter. If possible please send in any finished articles before the half term holiday.

If you have any recipes, book reviews, recommendations for holidays or questions for our bulletin board please forward them to the Newsletter Editor: kajmb@aol.com

#### Reminder

There is crockery and cutlery available for members to borrow when hosting a SILC event.

For details contact Jo: davejo02@yahoo.co.uk

#### **OCTOBER LUNCH**

OCTOBER LUNCH

ON

FRIDAY 7TH OCTOBER 2011

AT

BISTRO M

MARRIOTT APARTMENTS, SUKUMVIT SOI 24

**12 NOON** 

Bistro M is located on the ground floor of the Marriott apartments on Sukumvit Soi 24. A contemporary relaxed restaurant offering set menus of 6 different choices, either Western or Asian dishes starting from 450 Baht for 2 courses including soft drinks.

If you would like to join this lunch please RSVP:

Jo Thomas davejo02@yahoo.co.uk

By Wednesday October 5th.

## Golf in Samutprakarn

SILC has a number of keen golfers in its midst. There are a couple of groups who play in the area at a variety of courses along the Bangna Trad. Some of us are beginners and others have more experience so if you want a game at any level then please get in touch. Even if you are new to the game it's totally different playing on a course to the driving range, so give it a try.

My contact details are: E-Mail <u>bettystewarto@gmail.com</u> or phone 02 316 6149 or 081 792 5367.

Betty Stewart SILC Golfer!!



#### **OCTOBER COFFEE MORNING**

OCTOBER COFFEE MORNING
ON
TUESDAY 11<sup>TH</sup> OF OCTOBER 2011
AT

## BANGKOK PATANA SCHOOL 643 LASALLE ROAD SUKHUMVIT 105 BANGNA 10260 TIME: 10.30am

This month's coffee morning will be held at Patana School and we hope to have some people from each of the charities that we support to come along and speak for a short while on the projects they are undertaking and where all the money that we raise help's go towards!

It will be a very informal morning and it will give you a chance to ask questions and maybe get involved with some of the projects. So please come along and learn what these wonderful people do to help the much less fortunate in our community and beyond!

If you would like to join this coffee morning please RSVP Kay Hickey - <a href="https://hickey.kay@hotmail.com">hickey.kay@hotmail.com</a> by Friday 7<sup>th</sup>



There will be charge of 100 baht to cover the cost of tea and coffee but if you can take a plate to share that would be very much appreciated!

#### **OCTOBER TOUR**

#### An introduction to Thai heritage and culture

**What:** A guided tour at Prasart Museum,

Bangkapi.

Date: TUESDAY 25 OCTOBER 2011

(1<sup>st</sup> day of school after half term)

**Meet:** At the museum at 9:20 a.m.

**Cost:** 500 baht for the tour.

Details: The Prasart Museum, located in an eastern suburb of the city, is an

introduction in Thai art, architecture and history museum. Set in an oasis of calm in the middle over BKK, it houses a superb collection of Thai art and porcelain, beautifully restored buildings, delightfully land-

scaped gardens.

Our guide will take us on a tour, we can sit and relax in the shady gar-

dens, have a drink and visit the Heritage shop.

Afterwards we will have lunch in restaurant near the museum.

The museum is located at 9 Soi Krungthep Kreetha Road. Srinakarintr Road. (please, google the exact location). We will not organize transportation and ask you to come by car, taxi because most of us live so

close by...

Contact: Mariska Abrahams Mia Schep

Mariska.abrahams@hotmail.com miaschep@zeelandnet.nl

**Deadline:** Friday 21 October 2011 (try to sign up before half term!)

Hope you can join us!





## **September Lunch Review - Wine Connection**



September's lunch was held at Wine Connection on Sukumvit Soi 26 on Friday September 9<sup>th</sup>. It was a well attended lunch of 18 ladies, mostly existing members of SILC and some new members which was good to see!!

Wine Connection is a very popular venue for lunch and dinner so I thought it was a great place to kick off the lunches for the new season and with it being my very first one as SILC's lunch co-ordinator! (I have done this role before though may I add a few years ago!!!)

It did not go as smoothly as I thought at first, on my arrival there were no tables set for us, thankfully I arrived before anyone else and set to helping the staff to organize the tables!!! A steady flow of ladies started to arrive and we all took to our seats, lunch was served without any hitches, the food was delicious and the staff helpful and attentive. The majority of the ladies opted for one of the selection of platters they offer and there were a few with pastas and salad dishes served as well.... and being it was Friday also a glass of wine or two!!!! Speaking of which there was a mad dash into the Wine Connection wine shop to buy wine for the weekend before the clock struck 2pm!!!! (for those new to Bangkok, there are strange licensing hours where you can only purchase alcohol between 11am - 2pm and 5pm till midnight!).

All in all the ambiance was very good, it was great to catch up with everyone again and meet new ladies and see familiar faces.

Hope to see you at the next lunch.

Jo Thomas





The new website is almost complete & will go live very soon.

The SILC Facebook Page is now up and running. If you use Facebook, search pages for SILC and click 'like' when you find our page.

All comments and photos you take at our events are more than welcome.

#### **New Members**



#### New Members

Angela Frye
Marianne Metzelaar
Sheryl Brodnick
Fiona Graville
An Eeraerts

Welcome to SILC

#### **Amendments**

#### Chris Rajakarier's New Address:

Baan Sansabai 99/8 Sukhumvit 36 Bangkok 10110 Thailand

If you know anyone who may be interested in joining SILC please ask them to contact:

Geraldine McEvoy: 082 204 9470 geraldine.mcevoy@hotmail.com



## Coming up in November ...

#### Sunita invites you to her Annual Open House 2011

**On:** Friday 11 November

**From:** 11.30am onwards

**Place:** 145B Lakeside Villa 2

Bangna Trad Road KM 7.5



Sunita once again invites all members and friends into her lovely home on Lakeside 2 where there will be an opportunity to buy Christmas presents and ornaments for the upcoming festive season followed by a homemade Indian lunch and a raffle.

**Donation:** 100b towards her charity in India, education of slum children

**RSVP:** Via Jan: kajmb@aol.com

## **Drinks Can Ring Pulls**

#### A reminder to keep collecting your drinks can ring pulls.

During the next year Lyn is keen to make a visit to the Prosthetic Limb Foundation in Chiang Mai to see first hand where all the ring pulls start their new lives as part of a prosthetic knee joint.

Apparently it takes 25,000 ring pulls to make 2 large or 7 small knee joints

So while you are enjoying your drinks, please try to remember to pick up as many of the ring pulls as you can for this very worthy cause.

For further details please visit the Foundation's website: www.prosthesesfoundation.or.th

Ring pulls can be handed over at any SILC event or left with your Link lady.

## **September Tour Review**

#### RECORD BREAKING FIRST SILC TOUR

On Tuesday September 20<sup>th</sup>, we had the launch of a new SILC-tours season and what a start it was! We left Patana school with 2 busses packed with 22 ladies and 2 men for Ban Bath (Monk's Bowl Village). Traffic was quite ok and just before 09.30 we parked outside the village. Well village, more or less 1 soi in which the tradition of handmade monk bowl is very much alive.



When we entered the soi we could hear already the noise of hammering and polishing. The bowls are made of tin and consist of 6 pieces. The main frame consists of 1 piece, bended into shape. On the top comes a frame. What left are 4 holes in which 4 blades are been welded. The bowls have different sizes. Every person in the soi has his or her own specific job. Unfortunately no-one could speak English to explain, but the action said it all! There was a charming little girl showing us around the place. At the end of the demonstration there was a possibility buying a monk's bowl as a souvenir or gift and many ladies took the opportunity doing so.

From Ban Bath we walked to Klong Saen Saep to hob on a public boat with destination Jim Thomson House. On the way more people came on board, so packed we set off. Jim Thomson house is a compound with a museum (the house where Jim Thomson lived), a shop and a restaurant. Jim Thomson is the creator of the world famous silk. 17 People joined on a tour through the museum and beautiful garden, while others (who went on the tour before), had a coffee. After the tour some browsed through the shop to buy some beautiful silk products. At noon lunch was served in the nice airconditioned restaurant and we all enjoyed a sumptuous meal.

As always time flies and at 01.30 pm we left the peaceful Jim Thomson house and went back to school. It was amazing to have so many people joining this tour. We hope this example will be followed













#### A Future Tour??

Dear Ladies and families..., my name is Anna Lai. I am an old member, some of you may know me and most of you may not...! Anyway, I would like to take this opportunity to thank both of our tour organizers Mia and Mariska, as they have taken their time and effort to make sure all the tour is worthwhile for our members to attend.

I have to say that I haven't been very active for our SILC activity except each year I participated our SILC Bazaar. However, when I moved back down to Bangna again on March and I joined last month's coffee morning and was thinking maybe it is time for me to introduce to our member a tour to our own inner peace! This is because; I found mine in this particular place. So I took the opportunity to chat with Mia during coffee morning and express my intention to her...! That is to introduce a Zen Monastery to our members, who would like to explore more about the topic of sitting meditation and what are the benefits that meditation can bring to individual...! Both Mia and Mariska had been so kind and actually came to the monastery to check out the place first hand, and see if this is a place that is suitable to introduce to our members, as I am fully aware of the fact that they all come from different parts of the world and we each may have our own believes!

This is also another reason I take the liberty to write up this background information about the Zen Center here in Thailand. This Zen Center is the Thailand branch of the Chung Tai Shan Monastery from Taiwan founded by Grand Master Wei Chueh. Its mean objective is to provide an environment for busy working people the chance to practice meditation in the heart of the city and conduct Zen Classes for people who want to investigate more in the subject of Zen. It is a place where you can sit in the Zen Hall without anyone come and disturb you. You may find your own peace and quiet, but you may not find a lot incense sticks and smoke and fruit offering like the typical temples that are all over this country. However, if you have questions in your mind and wish to chat with the Abbot, he will sit down and chat with you. All the facilities are free of charge.

Besides, the regular Zen Classes that the center is conducting right now, the center also conducts regular Thai Class, Chinese Class and soon Vegetarian Cooking Classes for the public as well. Again, all these classes are free for anyone whom wishes to join. All you need to do is come and pay us a visit and fill in a registration form.

I have attended the Zen Classes for more than a year now, and have known this Zen Center for more than 4 years. The reason why it took so long for me to introduce this Zen Center to our member is because the previous residing Abbot did not speak English and, we have an Abbot whom can speak fluent English now. I do sincerely hope whoever got the chance to visit our monastery can feel the tranquility within, if not may be at least have some more ideas about sitting meditations. I will be happy to be your tour guide should you needed any more information regarding to the Zen Center.

Yours sincerely

Anna

#### P.S. from Mia & Mariska:

After Mia's chat with Anna at the coffee morning, we decided to accept her invitation to visit the monastery and decide whether or not it had possibilities for a SILC tour. Upon arrival we had a short chat with the Abbott and Anna showed us a dvd-presentation of the monastery in Taiwan. After a coffee Anna showed us around the venue; it has rooms to rest, a kitchen, a dining room and a meditation room. After this introduction we discussed the possibility for a SILC tour and we realized that Zen and meditation are very specific topics and is very personal. Therefore we advised Anna to first write an article for the SILC Newsletter and share her personal experience with you. If many of you are interested and want to know more about the Zen Center in Bangkok, Mia and I are willing to organize a tour. Let us know what you think. In the meantime contact Anna directly if you are interested.

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# SILC's 17th Annual Bazaar

will be held on December 1, 2011 from 8:30am - 2pm at

Bangkok Patana School

Entrance: 100 Baht (includes

two raffle tickets)



This is a fabulous opportunity to get some unique gifts for your friends, family and yourself!

All proceeds donated to local charities in the Samutprakarn area

Applications for vendors are now being accepted. Please contact silc-bazaar@hotmail.co.uk for more information.

## What's on in Bangkok



#### **Power of Words**

Painting and Pottery Exhibition by Rita Hadorn

October 5th - October 30th 2011

Neilson Hays Library Rotunda & Garden Gallery

**Opening Reception:** 

Wednesday, October 5<sup>th</sup>, at 18:00 hours.

The ceremony will be presided over by Mrs. Christine Schraner Burgener, The Ambassador of Switzerland





Neilson Hays Library Art Galleries 195 Surawong Road Bangkok Tel: 02 233 1731 Www.neilsonhayslibrary.com

#### What's on in Bangkok



Bangkok Community Theatre is proud to announce auditions for their upcoming musical Nunsense. The musical is the hilarious story of five nuns who put on a show to raise money for a very worthy cause. The five women in the show are Sister Mary Regina, the mother superior, Sister Hubert, the mother's assistant, Sister Robert Anne, a tough street smart nun, Sister Amnesia who has lost her memory and Sister Leo the novice who longs to be a ballerina.

Auditions will be held on Saturday, October 8th from 13:00 until 17:00 at PlayAct Academy on the 12th floor of the Siam Motors Building on Rama 1 Road across from MBK. Those wishing to audition should prepare a song to sing (please bring sheet music), have a joke to tell, be willing to read from the play and learn some dance steps. Rehearsals will begin in October and continue on until performances in late February or March with a break at Christmas time.

Nunsense is a musical comedy with a book, music, and lyrics by Dan Goggin. Originating as a line of greeting cards, Goggin expanded the concept into a cabaret that ran for 38 weeks, and eventually into a full-length musical. The original off-Broadway production opened December 12, 1985, running for 3,672 performances and becoming the second-longest-running Off-Broadway show in history. The show has since been adapted for television, starring Rue McClanahan, and has spawned six sequels and three spin-offs.

The show is an all female production of five. For complete details and information on the cast is available at: http://nunsensebct.webs.com/ or http://www.bct-th.org/. An audition form is available on the website to be downloaded and printed so that it can be brought to the audition on the 8th of October.

If you have any questions, please contact the producer, Don Harrelson at 08-1585-1047 or email: nunsense-bct@yahoo.com for more information.

#### Just for fun

#### Subject: How old is grandma? -- the answer is at the end. It will blow you away.

One evening a grandson was talking to his grandmother about current events.

The grandson asked his grandmother what she thought about the shootings at schools, the computer age, and just things in general.

The Grandmother replied, "Well, let me think a minute, I was born before:

Television, penicillin, polio shots, frozen foods, Xerox, contact lenses, Frisbees and the pill.

There were no credit cards, laser beams or ball-point pens

Man had not yet invented pantyhose, air conditioners, dishwashers, clothes dryers & the clothes were hung out to dry in the fresh air and man hadn't yet walked on the moon

Your Grandfather and I got married first,... and then lived together.

Every family had a father and a mother.

Until I was 25, I called every man older than me, "Sir."

And after I turned 25, I still called policemen and every man with a title, "Sir."

We were before gay-rights, computer-dating, dual careers, daycare centers, and group therapy.

Our lives were governed by the Ten Commandments, good judgment, and common sense.

We were taught to know the difference between right and wrong and to stand up and take responsibility for our actions.

Serving your country was a privilege; living in this country was a bigger privilege.

We thought fast food was what people ate during Lent.

Having a meaningful relationship meant getting along with your cousins.

Draft dodgers were those who closed front doors as the evening breeze started.

Time-sharing meant time the family spent together in the evenings and weekends -not purchasing condominiums.

We never heard of FM radios, tape decks, CD's, electric typewriters, yogurt, or guys wearing earrings.

We listened to Big Bands, Jack Benny, and the President's speeches on our radios.

And I don't ever remember any kid blowing his brains out listening to Tommy Dorsey.

If you saw anything with 'Made in Japan ' on it, it was junk.

The term 'making out' referred to how you did on your school exam.

Pizza Hut, McDonald's, and instant coffee were unheard of.

We had 5 &10-cent stores where you could actually buy things for 5 and 10 cents.

Ice-cream cones, phone calls, rides on a streetcar, and a Pepsi were all a nickel.

And if you didn't want to splurge, you could spend your nickel on enough stamps to mail 1 letter and 2 post-cards.

You could buy a new Ford Coupe for \$600, .. But who could afford one?

Too bad, because gas was 11 cents a gallon.

In my day "grass" was mowed, "coke" was a cold drink, "pot" was something your mother cooked in and "rock music" was your grandmother's lullaby. "Aids" were helpers in the Principal's office, "chip" meant a piece of wood, "hardware" was found in a hardware store and "software" wasn't even a word.

And we were the last generation to actually believe that a lady needed a husband to have a baby.

No wonder people call us "old and confused" and say there is a generation gap.

How old do you think I am?

I bet you have this old lady in mind. You are in for a shock!

Read on to see -- pretty scary if you think about it and pretty sad at the same time.

#### Are you ready ?????

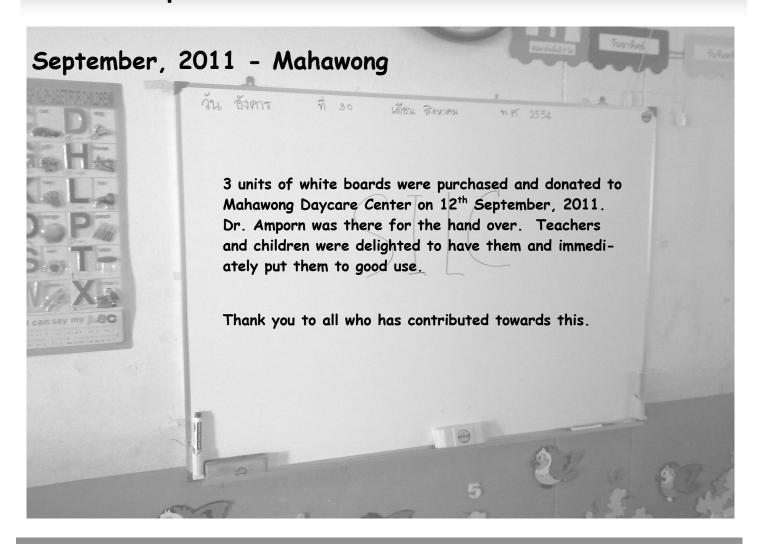
This woman would be only 59 years old!

Be Who You Are and Say What You Feel Because Those Who Mind Don't Matter and Those Who Matter Don't Mind.

## Accounts

| SAMUTPRAKARN INTERNATIONAL LADIES CLUB               |                      |  |  |
|--|----------------------|--|--|
| Summary Accounts 'till end of August                 |                      |  |  |
| Income   | _                    |  |  |
| Subscriptions  | ₿ 7,200              |  |  |
| Advertising  | в 450                |  |  |
| Mahjong Donations                                    | ₿ 1,400              |  |  |
| Donations - Misc                                     | ₿ 200                |  |  |
| Total Income   | ₿ 9,250              |  |  |
| Operating Expenses:                                  |                      |  |  |
| Newsletter costs                                     | ₿ 2,147              |  |  |
| Total Operating Expenses                             | ₿ 2,147              |  |  |
| Charitable Payments:                                 |                      |  |  |
| Mahawong   | в 6,291              |  |  |
| Chanukroh School                                     | в 700                |  |  |
| Sangkhalaburi Christian Hospital                     | в 5,000              |  |  |
| TOTAL SILC Charitable Payments                       | в 11,991             |  |  |
| Net Operating Profit                                 | -в 4,888             |  |  |
| SAMUTPRAKARN INTERNATIONAL LADIES CLUB BALANCE SHEET |                      |  |  |
| Opening Balance of Members' equity                   | в 209,350            |  |  |
| Net Operating Profit                                 | - <sub>B</sub> 4,888 |  |  |
| Total Equity   | в 204,462            |  |  |

#### **Welfare Update**



## **Oil Request**

On behalf of Sister Joan and the ladies of the Khlong Toei Slums I would like to say a very big thank you to the SILC ladies for your continuing support and donation of the cooking oil to the food run.

We still need approximately 96 bottles every two weeks. This is hard to come by so at the moment we are aiming to donate the 96 bottles at least once a month.

The ladies in the slums are aware that they cannot get it all the time now and they are trying to spare it.

So please if you think of it can you throw a bottle of cheap oil in your shopping basket every week and donate it to this well deserved cause!!

Donations to Kay at <a href="https://hickey.kay@hotmail.com">hickey.kay@hotmail.com</a>

Phone: 086 511 2442

Lakeside 1

Donations can be left with your link lady or bought to any SILC event

#### September 12 at Mahawong Preschool

Meeting point 8:30 at True Café in front of Bangkok Patana. Shirley and Chris were greeting five of us, introducing first timers, and off we went - chatting away - to Mahawong Preschool. Welcoming big smiles from teachers and children, they seemed so happy anticipating what's gonna happen with the farang ladies today? "Sawasdee ka, Khun Shirley" everywhere to be heard, and Wai Pheng already busy preparing today's handicrafts. As there were so many children waiting to join the fun, Wai Pheng quickly explained today's project: draw around child's hand, let them colour in, and decorate the picture with stickers. The stickers - colourful hearts and stars - were tiny, as we later found out much easier to be peeled off by little fingers than us...without reading glasses....On the floor of a cosy bamboo hut, we sat down with paper, crayons, and stickers, awaiting the kids who would come up in groups and enjoy creating their piece of art. Everyone had a proud smile on their face, when the teacher called out "we are ready now, you can take your picture home", and let the next group of kids in.

As a longtime member of SILC, I am glad that I finally went to help Shirley and the other welfare ladies. It gave me a very good idea of how important the support by SILC is for this little school. We were introduced to Dr. Amporn, president of the school, and he pointed out the extension of the building as well as two extensions of the tent-like roof, have only been possible to build with donations. It warmed my heart to see the huge number of children, and how well they are taken care of. On a small budget, the school is a clean, safe and lovely place which truly deserves our support! Thank you, welfare team for all the good work! Shirley, I will definitely volunteer more often as I learnt my lesson why we need a lot of helping hands there...

Sabine Benke











## Finger painting at Chanukroah

On Wednesday 14th September, we went to Chanukroah daycare.

This day the well-known welfare team, Shirley, Chris, Bianca, Phin, An and Rachel, were present to give the children a wonderful morning. The day started by making a plan to have a nice and smooth experience. The task for that day wasn't very difficult, but the way how to take care of the activities, was very important. I remarked that all the ladies were very talented, so I just observed in order to find out what to do.

On this day there were around 60 children at the school. At first, they came in small groups of five to paint their hand in green, red, dark blue or orange (my favorite color). One helper had to paint the small hand, and the other had to spread it out in order to make a nice print. Help! how to say this in Thai?. But we were saved by Phin, who can speak the language fluently! Thank you Phin, for your translation. Some children enjoyed it, some were scared, and I remembered that one girl began to cry. After that, they had to wash their hands in a small tub. They did this without splashing or making fun.

(Can this school please teach my daughter to be less naughty in these situations?)

Then, all the pictures had to dry in the sun, and the children were divided into small groups to put some stickers on their "printed" hand. They had a lot of fun doing this, although some children began to stare at their work, and were not able to do anything. But after explaining and some encouragement they were able to work.

At the end I realized that this project is really important for these children, because they need a lot of confidence and attention. It was fun to see them work and enjoying themselves. And if they have fun, I have fun too!

#### By Marianne Metzelaar













## Finger painting at Prakkasamai

It seemed like such a long time since we have visited Prakkasamai Pre-school, but the children were still very pleased to see us. I arrived first on my own and sat in to watch what was going on. There are between 80 and 100 children at any one time all squeezed into the tiny bamboo pre-school and the one large room is split into 3 to accommodate three different age groups. Whilst I watched, each of the teachers was teaching the children something slightly different such as a song or their numbers. The children were all either singing or repeating what the teacher said and the noise in that small school was resounding from the rafters! I am amazed that they can learn anything at all with all that noise and distraction going on either side of them, but they seemed quite focused on their individual teachers and all very happy to be making a racket!

When Shirley, Rachel, Anne, Phin, Audrey and Mei arrived, it was time to get down to business. This month's activity was hand-painting and decorating. We were all assigned a job – either painting the children's hands in different paint colours or on the handwashing stations. The children are always so patient and polite whilst waiting for their turn.

After choosing the colour of paint they wanted and putting their handprint on their named paper, it was time for hand-washing and then a short wait whilst the paint dried. We all split into groups to help the children decorate their hands with brightly designed sticky tape and shiny stickers. They needed quite a bit of help because the stickers were fiddly to handle, but they all managed to make their own beautiful pictures. When they finished the pictures, we put a sticky border on either end which finished the pictures off beautifully. The children are always eager for you to take a picture of them with their masterpieces and love it when you play back their photos for them – much giggling usually ensues when they see themselves on the screen!

A trip to Prakkasamai is always a rewarding experience, so if you are interested in taking part, please put your name forward for the visit next month.

By Teresa Carr















**S.I.L.C.** creates the opportunity for women of all nationalities living in the <u>Samutprakarn</u> and neighbouring areas to meet socially and to join in a variety of club activities. We invite members to participate in coffee mornings, lunches, welfare projects, tours, <u>mahjong</u> and various other activities.



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